



Care Instructions for A Fabric Mask

Provided by Seamstresses for Safety

Wear Your Mask

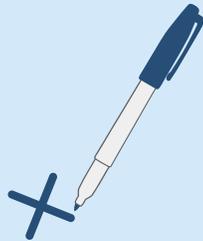
It is now suggested that you help stop the spread of disease by wearing a mask when:

- You are in the public
- Taking care of essential needs
- Are an essential laborer



Mark Your Mask

Use a permanent marker to indicate one side from the other so it is worn the same way each time.



Never Share Your Mask

It is VERY important that you do not share your mask with anyone else. Some viruses can be transferred from person to person even when there are no symptoms



Practice Social Distancing.

If you need to go out for essential needs, be cautious of the contact you are making. It is recommended to stand 6 feet away from others.



Wash Your Hands

It is a great idea to wash your hands for at least 20 seconds with soap and water before and after handling your mask.



Store In A Paper Bag

When your mask is not in use, please place it in a paper bag. It may be additionally beneficial to mark a 'CLEAN' to store washed mask(s) & "DIRTY" bag to use while you are eating or not wearing it.



Washing Your Mask

It is important to wash and disinfect your mask daily. If you are using a filter, replace it daily. Wash on hot and dry on hot. You can also use a steam iron to further help kill germs. Once clean store in a newly used paper bag.

