FY-2017 ANNUAL REPORT

Antrim County Commission on Aging

OLDER AMERICANS MONTH

Engage at every Age

MISSION:

To improve the quality of life and maintain the highest level of independence for those persons age 60 and over, who reside in Antrim County

MEMORANDUM

To: Antrim County Board of Commissioners

Re: Commission on Aging FY-2017 Annual Report

I would like to invite all of you, this year, to spend some time with my staff and me at the COA. Join Commissioner Ricksgers on a Home Delivered Meal route, volunteer at our welcome table at lunch time, join one of our activities like Chair Exercise or Wii Bowling, ride along for home assessments, sign up to take a trip to the Lavender Farm or just come have lunch at any of our meal sites, or even better - visit all of them. Each one has its own unique characteristics. I encourage you to have a conversation with some of our seniors while you are here and find out what is important to them, as we plan for the future of their Commission on Aging. I have, once again, included a list and short description of the services we provide throughout the county, within this report, but until you have that personal contact with the recipients, receive their hugs, see the smiles, share their tears, you really don't get a true picture of how our programs make a difference in the lives of people we serve.

On that note, I appreciate your trust in the information I bring forward to you on behalf of the seniors and would also like to thank you for your support in carrying out the work of the COA. While the processes can be daunting at times, I have always felt listened to and respected by my Board of Advisors, the County Administrator and his staff, other County Offices and Agencies, as well as you - the Commissioners.

As the Baby Boomers begin to age into service eligibility and changes come about with private insurances and Medicare, I expect that we will see many changes, not just in the number of seniors that we serve, but in the types of services we provide and the ways in which we provide them. If you are involved with senior services, in any way, you no doubt have heard the term "Person-Centered" thinking and/or planning. Our most recent plans focus on the way that most seniors want to age - with more dignity, more choices and in their own homes and communities. New senior programming promotes community inclusion and engagement that allows individuals to participate in activities, events and work to the extent they desire, throughout their lives and including end of life. We acknowledge that disability, chronic disease and advanced illness bring their own set of criteria for quality of life and we work to support programming that will assist seniors to navigate the challenges of aging, improve health and gain / sustain economic security.

Some of the programs and improvements that are planned for FY-2018:

- Congregate Meal Menu Choices - Beginning June 2018 in Bellaire
- Home Delivered Meal Menu Choices
- Improved Coverage for In-Home Service Clients
- Higher Level of Collaboration with Area Seniors, Inc. (ASI) to Attain Common Goals

MY DREAMS for FY-2018 and Beyond:

Collaboration with other agencies and grant sources to provide

- **Adult Day Center**
- **More Transportation Options**

I hope you will accept my invitation and join me in my dreams.

Judy L. Parliament

Director

Remember: Without Change There Would Be No Butterflies!

ANTRIM COUNTY COMMISSION ON AGING SERVES THE PEOPLE OF ANTRIM COUNTY IN THE FOLLOWING WAYS…

Information and Assistance: Call us at 231-533-8703 between 8:30 am and 4:30 pm, M – F, for information about specific services and how to access programs and agencies throughout the county and state.

Loan Closet for DME (Durable Medical Equipment): FREE and available to all individuals over the age of 55 who require items such as wheelchairs, canes, commodes, bath seats, electric scooters (we have 7 now) and more.

Congregate Meals: Four Nutrition sites serving hot, freshly cooked meals in Bellaire, Central Lake, Elk Rapids and Mancelona.

Home Delivered Meals: Delivered Monday through Friday, with frozen options for second daily meals or weekends, for eligible seniors who are unable to obtain or prepare nutritious meals on their own.

Dining Out @ Shirley's & BC Pizza: Purchase coupons at one of our congregate sites for $3 each and have the ability to "eat out" at one of these establishments using the coupon for payment - add a tip and enjoy your meal.

Senior Project Fresh: A program offered through the USDA which provides $20 for qualifying seniors (60+) to purchase locally grown produce from Farmer's Markets and roadside stands.

Respite Care: A Certified Nursing Assistant (CNA) provides care for your loved one on a regularly scheduled day and time during the week - giving full time caregivers a much needed break.

Personal Care Services: CNA provides in-home assistance with activities of daily living such as bathing, grooming, dressing, transferring, toileting, etc.

Homemaker Service (for homebound individuals): Routine household tasks to maintain a clean and healthy living environment for homebound individuals with functional limitations.

Project Lifesaver: A program designed for individuals who are in danger of wandering away from home and would be unable to find their way back. A wristband with a GPS device makes it possible for local police to locate the wearer quickly in the event that they are missing.

HomeChore Program: Snow removal.

In-Home Homechore): Installation of smoke detectors or safety (grab) bars and other minor repairs to remedy safety issues within the home.

Trips & Activities: Chair Exercise groups, Arts and Crafts, Bingo, Cards, Wii Sports, Mah-Jongg, Book, Movie & Magazine exchanges, Picnics, Fishing, Sr. Expo and more. See our monthly newsletter (Antrim County Senior Update) for a full calendar of events.

Monthly Foot Care Clinics: Registered nurse from the health dept. provides monthly foot care for $20 per visit.

Annual Flu Immunization Clinics: Health department provides immunizations to 3 of our 4 congregate sites annually.

Creating Confident Caregiver Classes: Helping the 24/7 caregiver to learn coping techniques as well as ways to be the best caregiver they can be to their loved ones.

PATH (Personal Action Toward Health) Workshops: Important workshops that provide information, coping skills and healthy lifestyle tips to individuals living with chronic diseases/conditions.

AARP Volunteer Tax Assistance: A free service, provided by volunteers at Elk Rapids, Mancelona & Bellaire sites.

MMAP Counselors: Trained in **Medicaid** and **Medicare** to help recipients apply for, compare, enroll in and understand everything that is involved with Medicare Part A, B and D (Prescription Coverage), as well as supplemental and Advantage plans (Part C).

Options Counseling: Assistance with Advance Directives, Five Wishes, Planning for Life Changes or Living Situations, etc.

Volunteer Opportunities: As a not-for-profit county agency, we utilize volunteers on a large-scale basis. Inquire at our office located at 308 E. Cayuga to find the opportunity that would best suit your talents. We can always use Meals on Wheels volunteers.

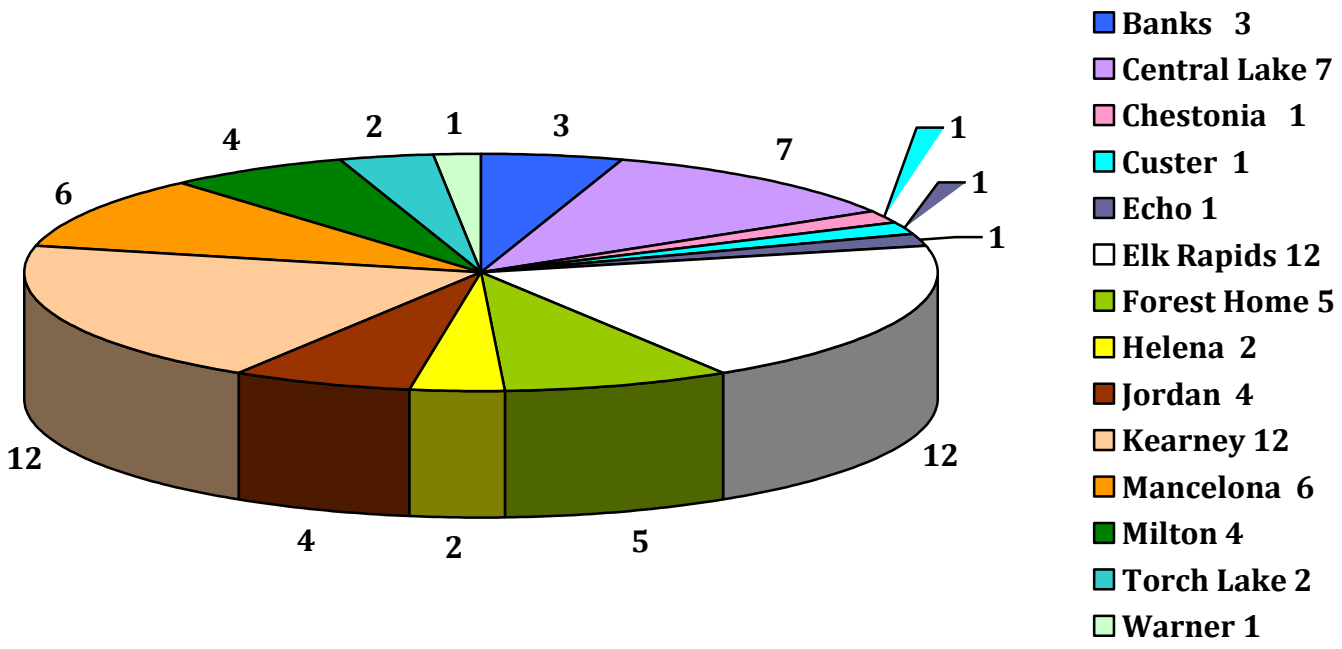
Hall Rentals: Residents of Kearney or Forest Home Twp: Sun – Thurs (afternoon or evening) $100, Fri or Sat $200. Non-Residents of Kearney or Forest Home Twp: Sun – Thurs (afternoon or evening) $150, Fri or Sat $300.

Monthly Newsletter: Antrim County Senior Update is mailed out monthly (suggested donation of $5 annually) and includes information on all of our programs, events and menus as well as information on such things as nutrition or local scams. The Update newsletter may also be accessed on our website, www.antrimcounty.org/coa.asp

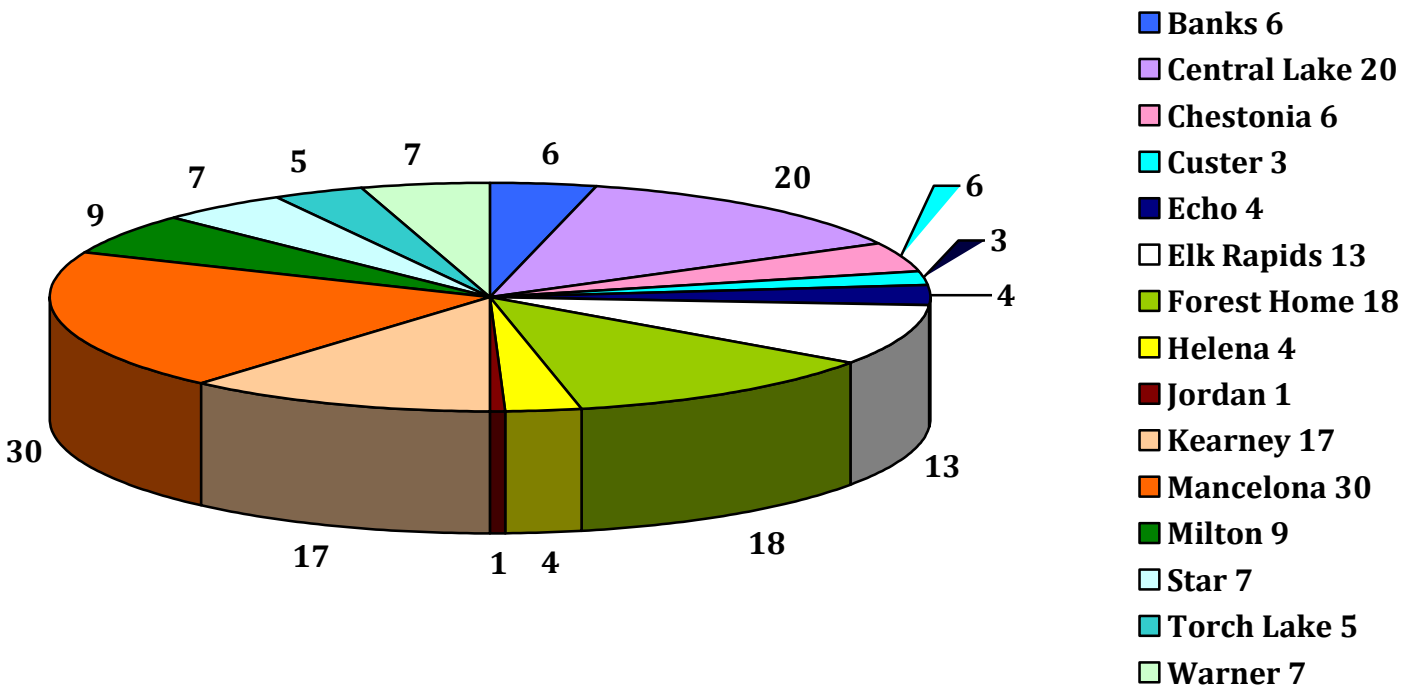
Annual Picnic and Senior Expo: Great educational opportunities for seniors and non-seniors alike. Our events include lots of vendors, fun freebies, door prizes, music and informative guest speakers.

TOWNSHIPS SERVED

CLIENTS PROVIDED IN-HOME SERVICES IN FY-2017 BY TOWNSHIP

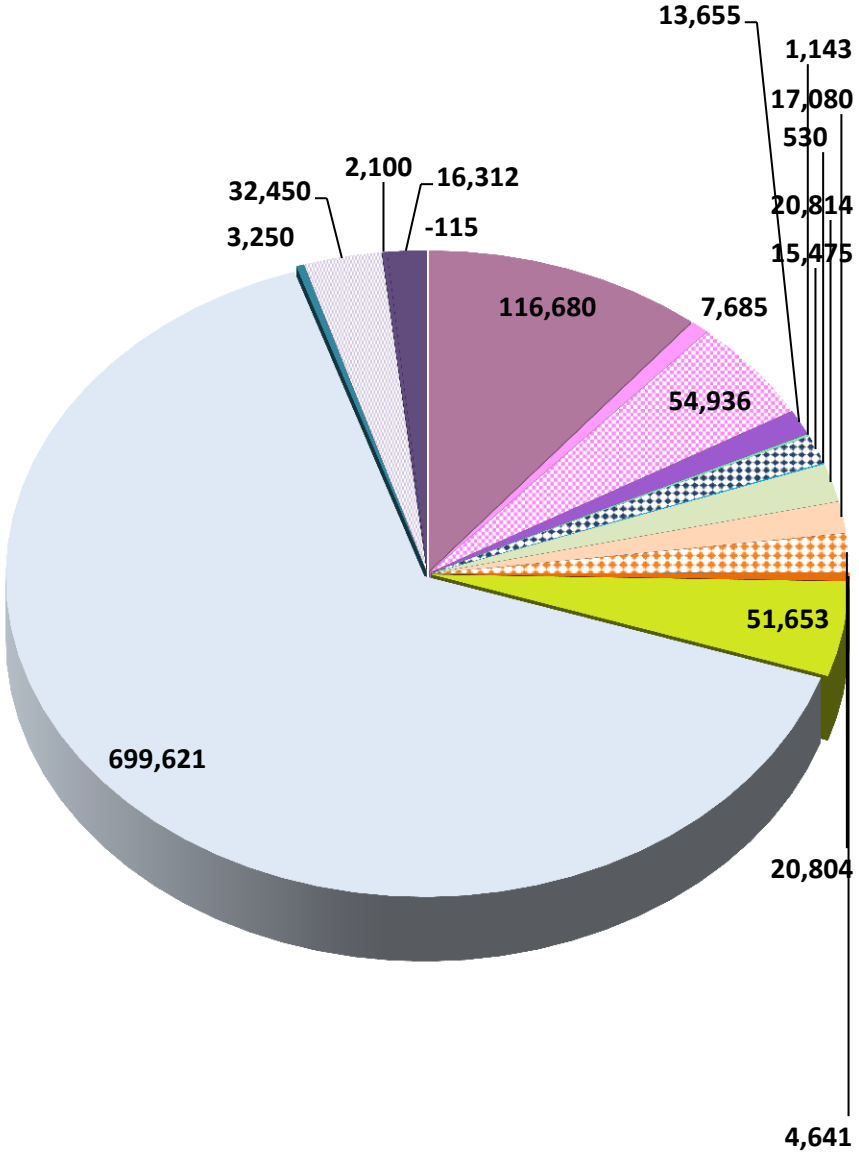


CLIENTS PROVIDED MEALS-ON-WHEELS IN FY-2017 BY TOWNSHIP



Revenue

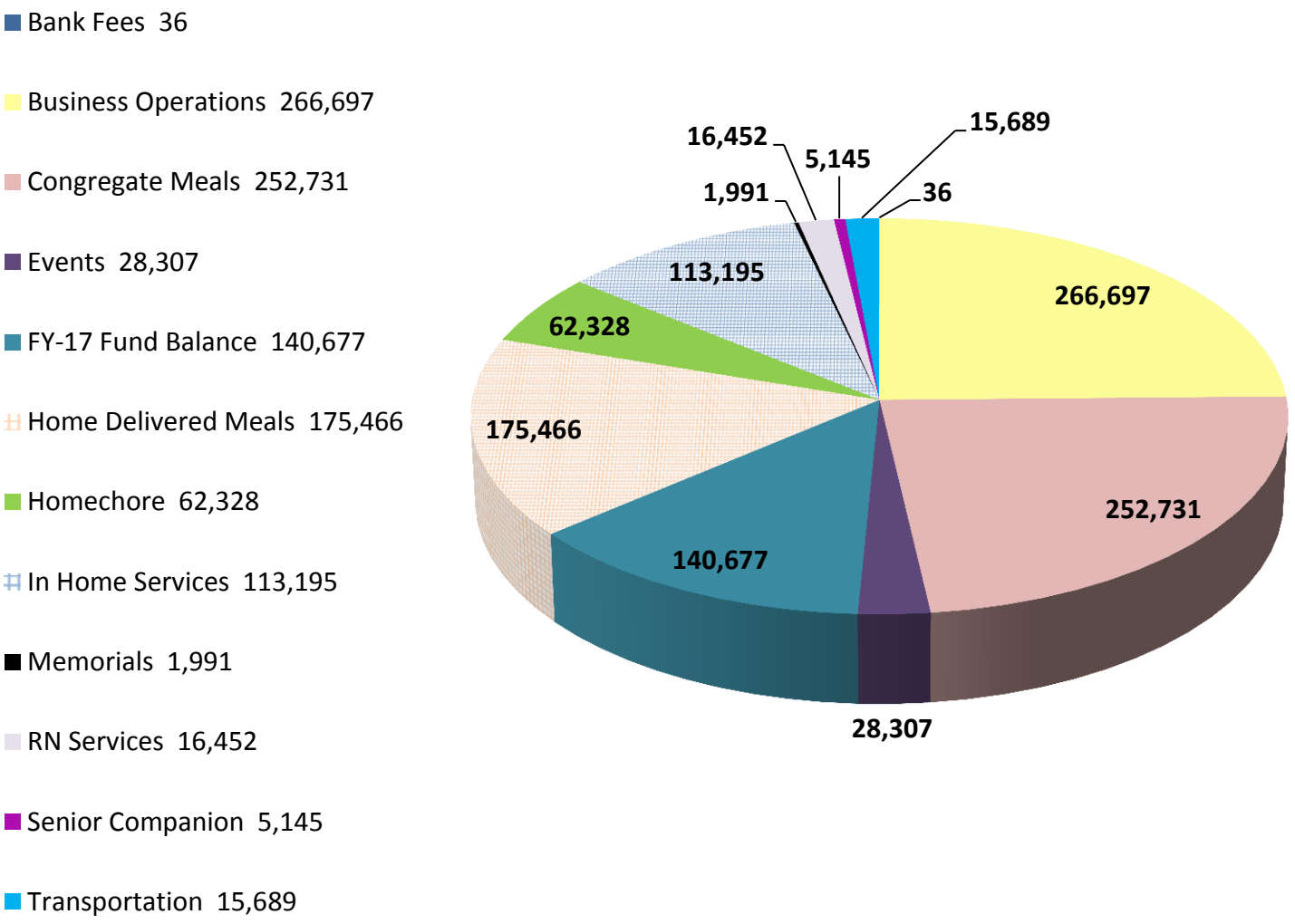
- AAANM $116,680
- Activities & Trips $7,685
- Congregate Donations $54,936
- Donations & Memorials $13,655
- FEMA $1,143
- Fundraisers $15,475
- Truck Fund Transfer $530
- Home Delivered Meals PI $20,814
- Homechore $17,080
- In-Home Services $20,804
- Interest $4,641
- Medicaid Waiver $51,653
- Millage $699,621
- MIPPA /ADRC $3,250
- Purchase of Service $32,450
- Rent $2,100
- Transportation $16,312
- Unrealized Gain/Loss (115)



Overview for FY – 2017

$1,078,714.00

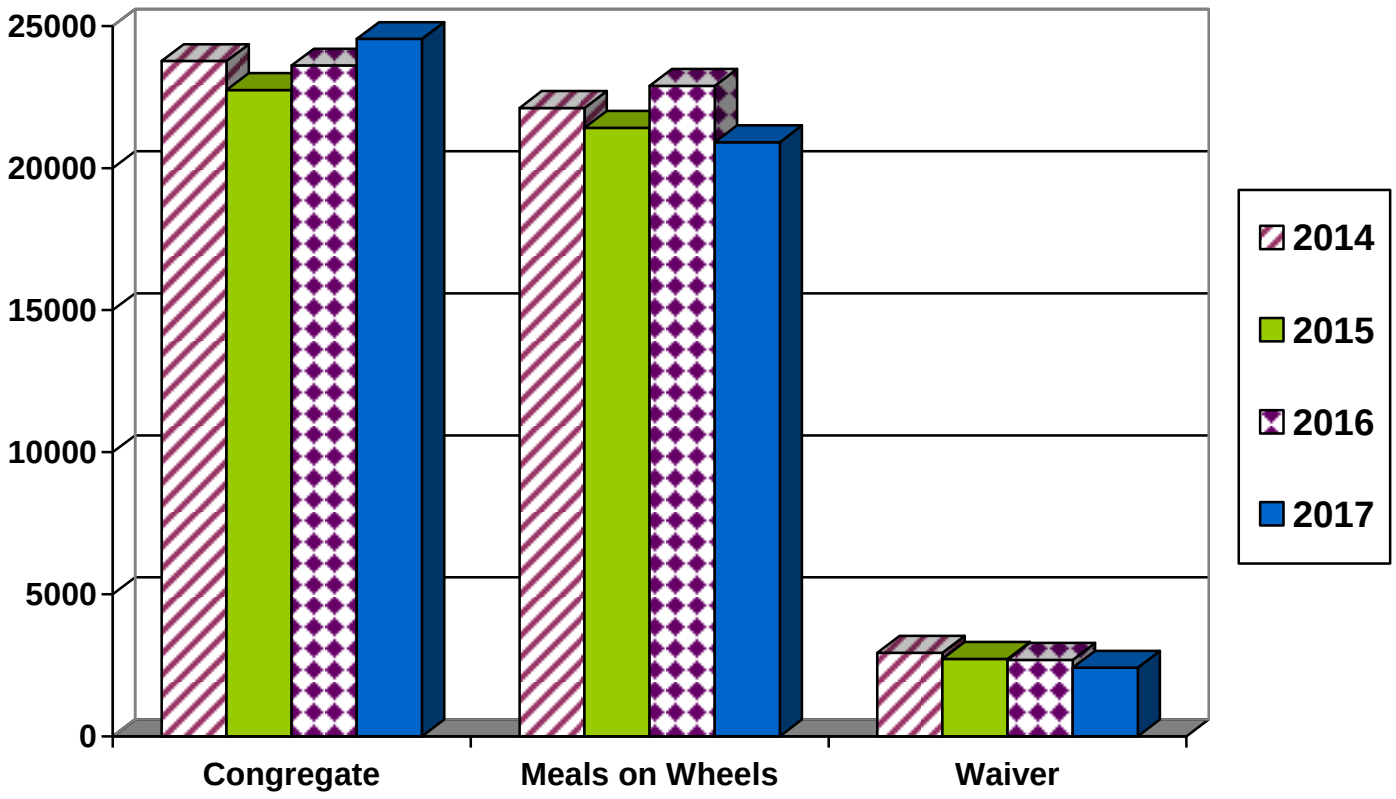
Program Costs



Overview for FY – 2017

$1,078,714.00

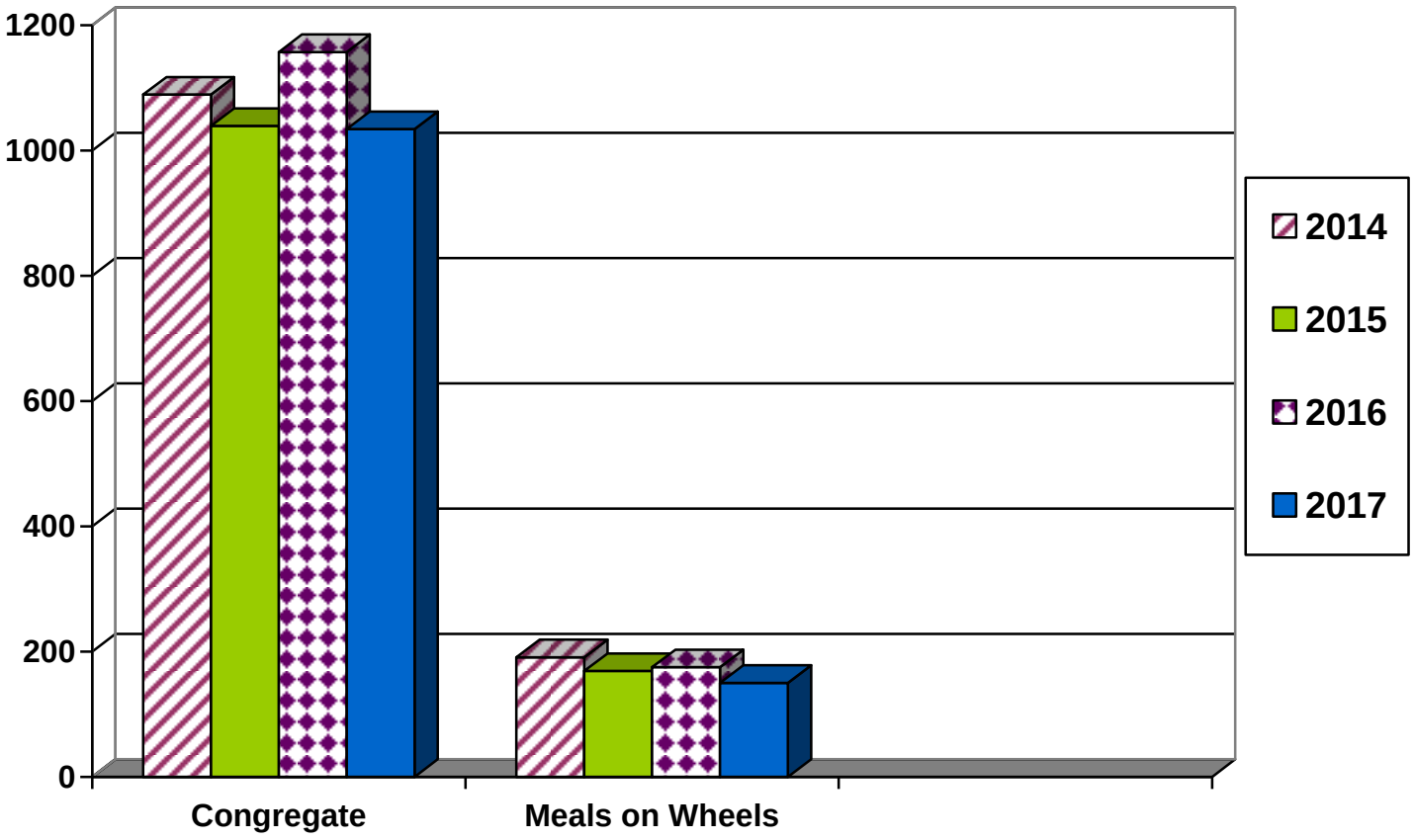
Meals Served



	Congregate	Meals on Wheels	Waiver
2014	23766	22114	2940
2015	22746	21418	2726
2016	23607	22889	2690
2017	**24542**	**20737**	**2419**

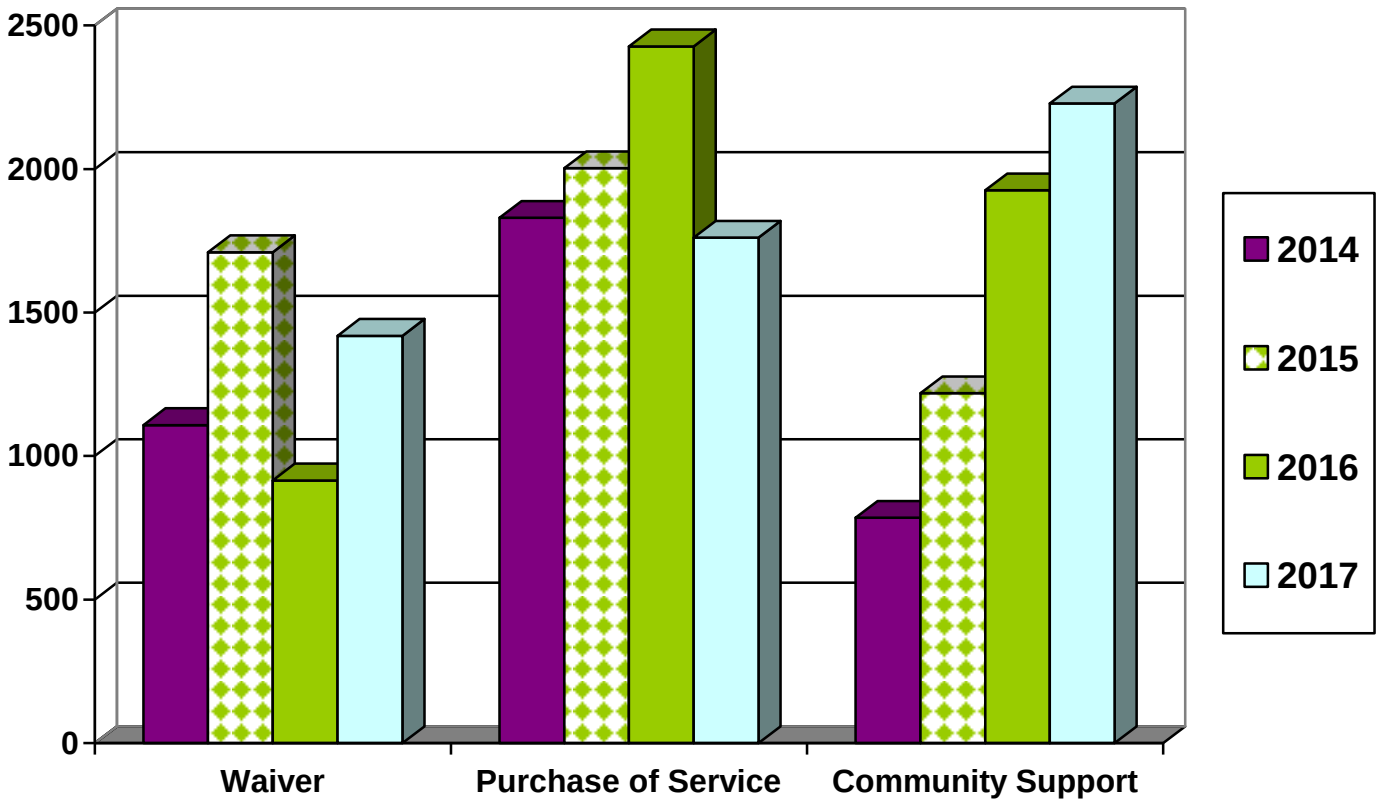
Under 60 yrs. meals served for 2017 = 2,417

Clients Served (Unduplicated)



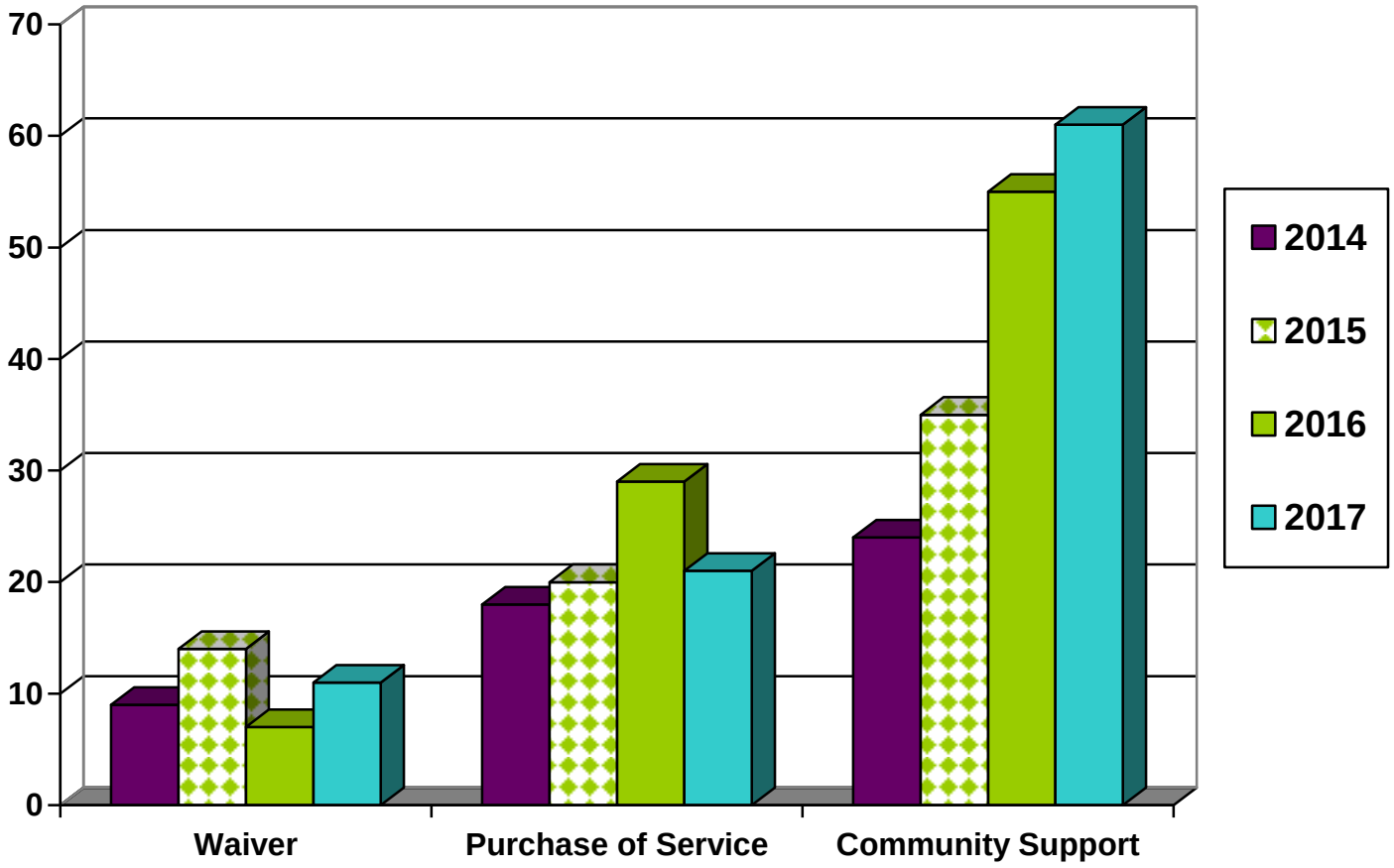
	Congregate	Meals on Wheels
2014	1089	191
2015	1039	169
2016	1157	175
2017	**1034**	**150**

In-Home Client Hours Served



	Waiver	Purchase of Service	Comm. Support
2014	1108	1830	785
2015	1710	2003	1219
2016	915	2427	1926
2017	1419	1761	2228

In-Home Clients Served (Unduplicated)



	Waiver	Purchase of Service	Comm. Support
2014	9	18	24
2015	14	20	35
2016	7	29	55
2017	11	21	61

2017 COMMISSION ON AGING SLIDING FEE SCALE FOR IN-HOME SERVICES

% of Poverty	1 Person	2 or more People	Hourly Fee
135% & Below	$16,038.00	$21,627.00	$2.00
Up to 170%	$16,039.00 $20,196.00	$21,628.00 $27,234.00	$6.50
UP to 210%	$20,197.00 $25,364.00	$27,235.00 $34,203.00	$11.00
UP to 255%	$25,365.00 $30,502.00	$34,204.00 $41,131.00	$15.50
UP to 300%	$30,503.00 $35,640.00	$41,132.00 $48,060.00	$20.00
Above 300%			$25.00

Approved by COA Advisory Board on November 21, 2016

ANTRIM COUNTY COMMISSION ON AGING
DEFINITION OF INCOME – TO BE USED IN DETERMINING FEE FOR SERVICES

For the purpose of determining hourly fee (subsidy) for Antrim County Commission on Aging in-home care services, income includes total annual cash receipts <u>before taxes and deductions</u> from all sources, such as:

- Wages and salaries before any deductions;
- Net receipts from non-farm self -employment (receipts from a person's own unincorporated business, professional enterprise, or partnership, after deductions for business expenses);
- Net receipts from farm self-employment (receipts from a farm which one operates as an owner, renter, or sharecropper, after deductions for farm operating expenses);
- Regular payments from social security, railroad retirement, unemployment compensation, strike benefits from union funds, workers' compensation, veterans' payments, public assistance (including Aid to Families, Supplemental Security Income, and non-Federally-funded General Assistance or General Relief money payments), and training stipends;
- Alimony, child support, and military family allotments or other regular support from an absent family member or someone not living in the household;
- Private pensions, government employee pensions (including military retirement pay), and regular insurance or annuity payments;
- College or university scholarships, grants, fellowships, and assistantships; and
- Dividends, interest, net rental income, net royalties, periodic receipts from estates or trusts, and net gambling or lottery winnings.

Income <u>does not</u> include the following types of money received:

- Capital gains;
- Any assets drawn down as withdrawals from a bank, the sale of property, a house, or a car; and
- Tax refunds, gifts, loans, lump-sum inheritances, one-time insurance payments, or compensation for injury.
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Also excluded are noncash benefits, noted below:

- Employer-paid or union-paid portion of health insurance or other employee fringe benefits;
- Food or housing received in lieu of wages;
- The value of food and fuel produced and consumed on farms;
- The imputed value of rent from owner-occupied non-farm or farm housing; and
- Medicare, Medicaid, food stamps, school lunches, and housing assistance.

The C.O.A. Director has the authority to utilize her/his discretion on a case by case basis and may request additional documentation to determine the appropriate fee.

2017

"Volunteers are not paid -- not because they are worthless, but because they are priceless."

MEDICARE VOLUNTEER HOURS
January 1/17 - 12/31/17

	Clients	Hours
Gary	161	141
Annette	166	178
	327	319

VOLUNTEER HOURS

Clerical	206
Congregate Meal Sites	4650
Home Delivered Meals (HDM)	4373
Newsletter	236
Miscellaneous	262
Trustees	270
Total Volunteer Hours	9997

OUTSTANDING VOLUNTEERS 2017

Mary Ellen Sarasin **Al & Nita Becker**

Michelle Valuet **Ellen Fredrickson**

Staff Members & Advisory Board
Antrim County Commission on Aging

Current Staff At Time of Production & Presentation - May 2018

IN-HOME SERVICES

CLERK II - COORDINATOR

Elizabeth Springer

CNA/CENA's /HOMEMAKERS

Cindy Ayoub

Sandy Bodley

Peggy Crider

Marie Czarnecki

Michelle Frattini

Mike LaBeau

Nancy Oliver

Deb Sutherland

Kristy Windish

INFORMATION & ASSISTANCE

CLERICAL ASSISTANTS - Part Time

Shannon Buntjer

Annette Fales

Doris Osaer

MMAP PROGRAM

VOLUNTEER COUNSELORS

Gary Ciphers - Volunteer

Annette Fales - Volunteer

NUTRITION PROGRAMS

CLERK II - COORDINATOR

Amy Tate

FOOD SERVICE COORDINATOR

Paul Tate

ASSISTANT COOK - Full Time

Jan Clark

ASSISTANT COOK - Part Time

Donna Harvey

KITCHEN ASSISTANT

Jennifer Gallop

MEAL SITE COORDINATORS

Bellaire - Beth Marshall-Lacy

Central Lake - Sharon Pletcher

Elk Rapids - Maria Garcia-VanConett

Mancelona - Val Vernier

STATISTICIAN

Bill Griffith - Volunteer

ACTIVITIES COORDINATOR

Beth Marshall -Lacy

DIRECTOR

Judy Parliament

coa@antrimcounty.org

C.O.A. BOARD OF ADVISORS 2017-2018

Rick Teague	Chair	Beverly McCamman	Vice-Chair
Sally Hannert	Secretary	Jeanette Hayes	Trustee
Brenda Ricksgers	Liaison / Board of Commissioners / District #6		