

Antrim County Commission on Aging

Annual Report to the County Board of Commissioners for FY-2014

July 09, 2015



Our Mission Statement:

"The Mission of Antrim County Commission on Aging is to improve the quality of life and maintain the highest level of independence for those individuals age 60 and over who reside in Antrim County."

ANNUAL REPORT FOR FY-2014

ANTRIM COUNTY COMMISSION ON AGING

Revenues

Area Agency on Aging – Federal	27,484
Area Agency on Aging – State	90,923
FEMA	1,785
In-Home Services	13,180
Purchase of Service (AAA & NLCMH)	30,598
Medicaid Waiver	40,385
Homechore	22,525
Congregate Meals	54,373
Home Delivered Meals	29,940
Transportation	9,684
Activities	1,082
Nifty Thrifty	35,600
Donations & Memorials	22,337
Rentals	1,640
Interest	705
FY-2015 Truck Fund Transfer	(59)
Millage	675,481
Appropriation	102,680
FY-2013 Fund Balance (Audited)	30,939
TOTAL FY-2014:	\$1,191,282

Expenses

Business Operation	253,027
Return 2013 County Advance	55,000
Return Appropriation	102,680
In-Home Services	118,532
RN Services (Bus Op)	12,031
Sr. Companion Program (Trans)	4,356
Homechore	36,186
Congregate Meals	225,211
Home Delivered Meals	171,985
Transportation	12,156
Activities/Events	6,854
Nifty Thrifty	54,917
Memorials	613
Rounding Allowance	3
Banking Fees	36
2014 Fund Balance (Audited)	137,695
TOTAL FY-2014:	\$1,191,282

LEADERSHIP CHANGES: The past year has been a year of transition for the Commission on Aging. The leadership changed in May when I (Judy Parliament) was appointed Interim Director and Mike Neubecker moved to an Assistant Director role to prepare for his retirement in September of 2014. With the much appreciated assistance of the county Accountant, Deb Haydell, we were able to move all of our accounts onto the BS&A software and have the ability to track our budget on a daily basis. In addition, her willingness to provide one-on-one training in order to accommodate our dual fiscal year budgets has been a Godsend and the outcome has been well worth the extra time spent.

EMPLOYEES and PROGRAMS: At the end of 2014 we had a total of 20 employees to cover the COA office, kitchen, 3 off campus meal sites, client's homes and Nifty Thrifty. In addition to our budgeted programs, we were able to provide Project LifeSaver, Creating Confident Caregiver classes, Medicare/Medicaid Assistance Programs, Options Counseling, Senior Project Fresh, Monthly Foot Care and Annual Flu Immunization Clinics with the cooperation of other health providers and agencies, as well as grant funded training for our current staff. We have also spent many hours, in multiple capacities, to help develop the ADRC (Aging & Disability Resource Collaborative) in our region.

In the fall of 2014 we completely changed the way we were providing snow removal by discarding the old multi-level voucher purchase system and started a one payment/no payment for low income individuals plan. That change has cut our staff time spent on the program by more than half and has simplified the process for both clients and contractors.

VOLUNTEERS & TRUSTEES: One of our most valuable resources is our volunteers. Without them we could not provide the quality of services that people have come to expect from our agency. In 2014 we had 164 volunteers whose cumulative hours totaled 11,967. In addition, we were fortunate to have trustees from the AC jail to assist our kitchen staff (when available) with 1,110 hours of labor.

C.O.A. ADVISORY BOARD: Rick Teague, Chairman Beverly McCamman, Vice-Chair
 Jeanette Hayes, Secretary Sally Hannert, Trustee
 Laura Stanek, County Commissioner

ANTRIM COUNTY COMMISSION ON AGING SERVES THE PEOPLE OF ANTRIM COUNTY IN THE FOLLOWING WAYS...

Information and Assistance: Call us at 231-533-8703 between 8:30 am and 4:30 pm, M – F, for information about specific services and how to access programs and agencies throughout the county and state.

Loan Closet for DME (Durable Medical Equipment): FREE and available to all individuals over the age of 55 who require items such as wheelchairs, canes, commodes, bath seats, electric scooters (we have 7 now) and more.

Congregate Meals: Four Nutrition sites serving hot, freshly cooked meals in Bellaire, Central Lake, Elk Rapids and Mancelona.

Home Delivered Meals: Delivered Monday through Friday, with frozen options for second daily meals or weekends, to eligible seniors who are unable to obtain or prepare nutritious meals on their own.

Dining Out @ Shirley's & BC Pizza: Purchase coupons at one of our congregate sites for \$3 each and have the ability to "eat out" at one of these establishments using the coupon for payment - add a tip and enjoy your meal.

Senior Project Fresh: A program offered through the USDA which provides \$20 for qualifying seniors (60+) to purchase locally grown produce from Farmer's Markets and roadside stands.

Respite Care: A Certified Nursing Assistant (CNA) provides care for your loved one on a regularly scheduled day and time during the week - giving full time caregivers a much needed break.

Project Lifesaver: A program designed for individuals who are in danger of wandering away from home and would be unable to find their way back. A wristband with a GPS device makes it possible for local police to locate the wearer quickly in the event that they are missing.

Personal Care Services: CNA provides in-home assistance with activities of daily living such as bathing, grooming, dressing, transferring, toileting, etc.

Homemaker Service (for homebound individuals): Routine household tasks to maintain a clean and healthy living environment for homebound individuals with functional limitations.

HomeChore Program: Snow removal, installation of smoke detectors or safety (grab) bars and other minor repairs to remedy safety issues within the home.

Activities: Chair Exercise groups, Arts and Crafts, Bingo, Cards, Wii Sports, Mah-Jongg, Book, Movie & Magazine exchanges, Picnics, Fishing, Sr. Expo and more. See our monthly newsletter (Antrim County Senior Update) for a full calendar of events.

Monthly Foot Care Clinics: Registered nurse from the health dept. provides monthly foot care for \$20 per visit.

Annual Flu Immunization Clinics: Health department brings immunizations to 3 of our 4 congregate sites annually.

Creating Confident Caregiver Classes: Helping the 24/7 caregiver to learn coping techniques as well as ways to be the best caregiver they can be to their loved ones.

PATH (Personal Action Toward Health) Workshops: Important workshops that provide information, coping skills and healthy lifestyle tips to individuals living with chronic diseases/conditions.

AARP Volunteer Tax Assistance: A free service, provided by volunteers at Elk Rapids, Mancelona & Bellaire sites.

MMAP Counselors: Trained in Medicaid and Medicare to help you apply for, compare, enroll in and understand everything that is involved with Medicare Part A, B and D (Prescription Coverage), as well as supplemental and Advantage plans.

Options Counseling: Assistance with Advance Directives, Five Wishes, Planning for Life Changes or Living Situations, etc.

Volunteer Opportunities: As a not-for-profit county agency, we utilize volunteers on a large-scale basis. Inquire at our office located at 308 E. Cayuga to find the opportunity that would best suit your talents. We can always use Meals on Wheels volunteers.

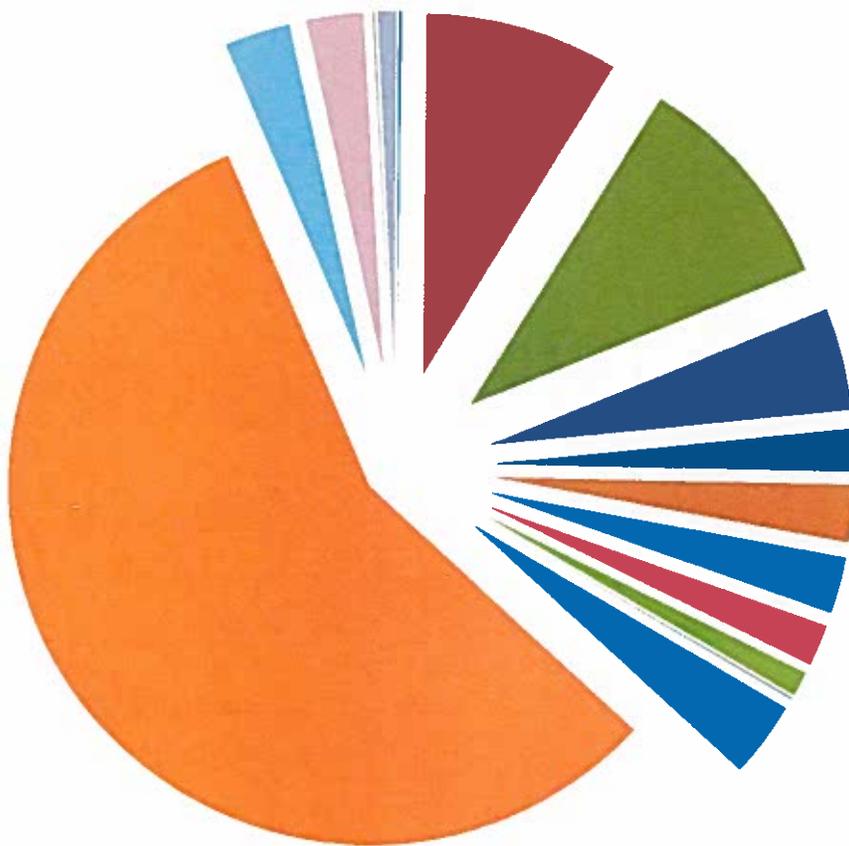
Hall Rentals: Residents of Kearney or Forest Home Twp: Sun – Thurs (afternoon or evening) \$100, Fri or Sat \$200. Non-Residents of Kearney or Forest Home Twp: Sun – Thurs (afternoon or evening) \$150, Fri or Sat \$300.

Monthly Newsletter: Antrim County Senior Update is mailed out monthly (suggested donation of \$5 annually) and includes information on all of our programs, events and menus as well as information on such things as nutrition or local scams.

Nifty Thrifty: Our local resale shop where all profits benefit senior programs. "Recycle, Resale and Repurpose for Senior Services."

ANNUAL SENIOR EXPO COMING UP AT THE BELLAIRE HIGH SCHOOL ON TUESDAY, JULY 21st, 2015: A great educational opportunity for seniors and non-seniors alike. Lots of vendors, fun freebies, door prizes and this year's guest speaker will be State Representative Triston Cole. For all the details see our July newsletter. Please, come join us!

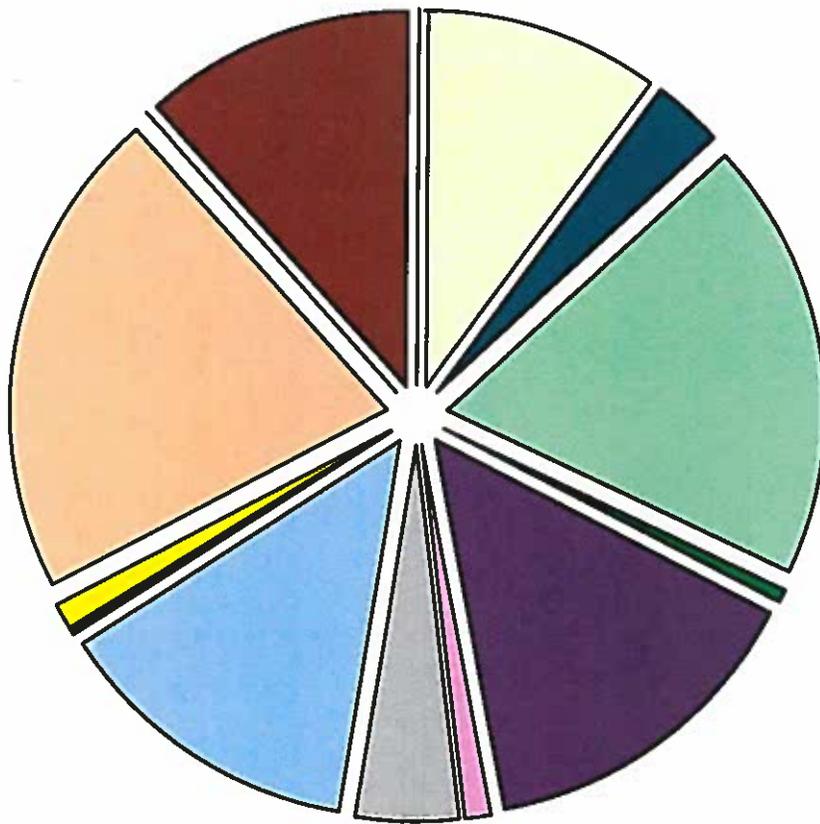
REVENUES



- Activities 1,082
- Appropriation 102,680
- Area Agency on Aging & FEMA 120,192
- Cong. Donations 54,373
- Donations and Memorials 22,337
- FY-13 Fund Balance 30,939
- HDM Donations 29,940
- Homechore 22,525
- In-Home 13,180
- Interest 705
- Medicaid Waiver 40,385
- Millage 675,481
- Nifty Income 35,600
- Purchase of Service 30,598
- Rent 1,640
- Transportation 9,684
- FY-2015 Truck Fund Transfer (-59)

\$1,191,282
FY-2014 Overview

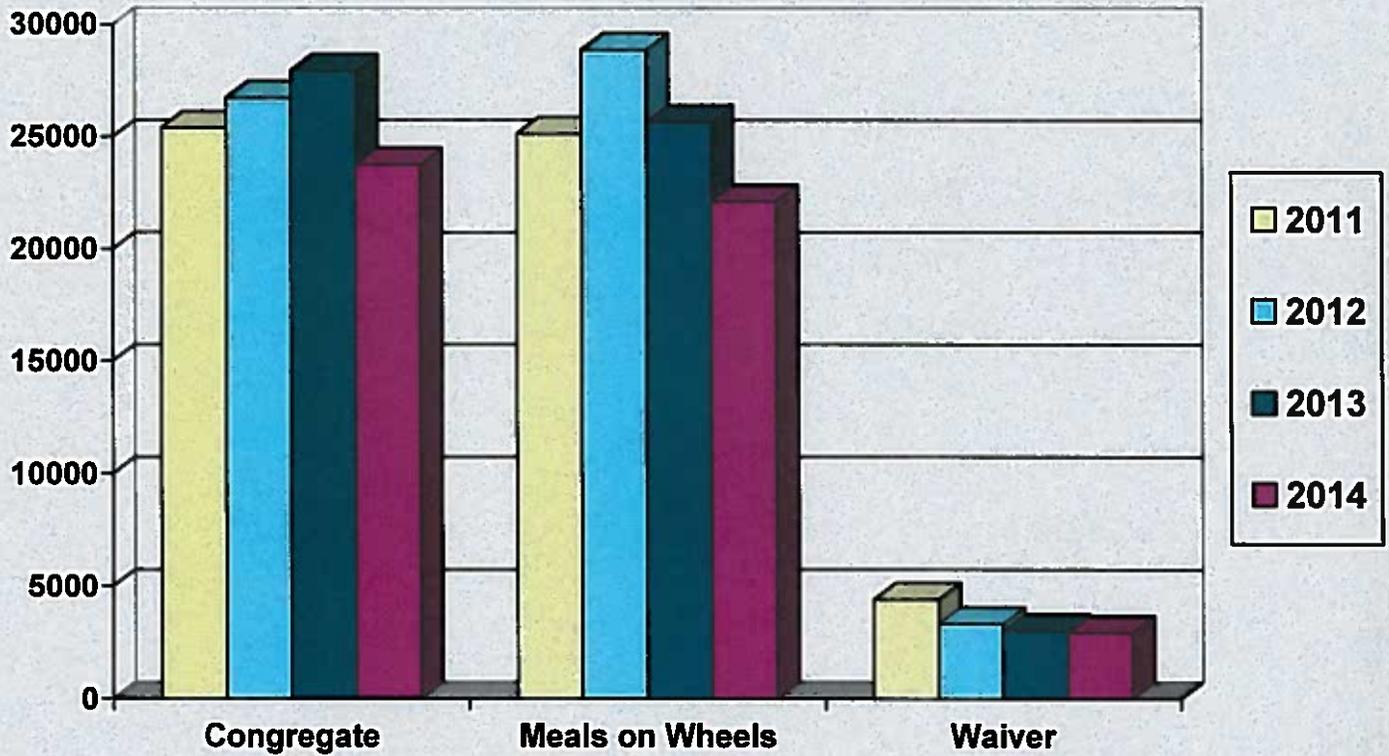
PROGRAM COSTS



□ In Home	118,532
■ Homechore	36,186
■ Cong. Meals	225,211
■ Events	6,854
■ M.O.W.'s	171,985
■ Transportation	12,156
■ Nifty Thrifty	54,917
■ Return to County	157,680
■ Sr. Companion	4,356
■ Memorials	613
■ RN Services	12,031
■ Bus. Operations (+3)	253,030
■ FY-14 Fund Balance	137,695
■ Bank Fees	36

\$1,191,282
FY-2014 Overview

Meals Served



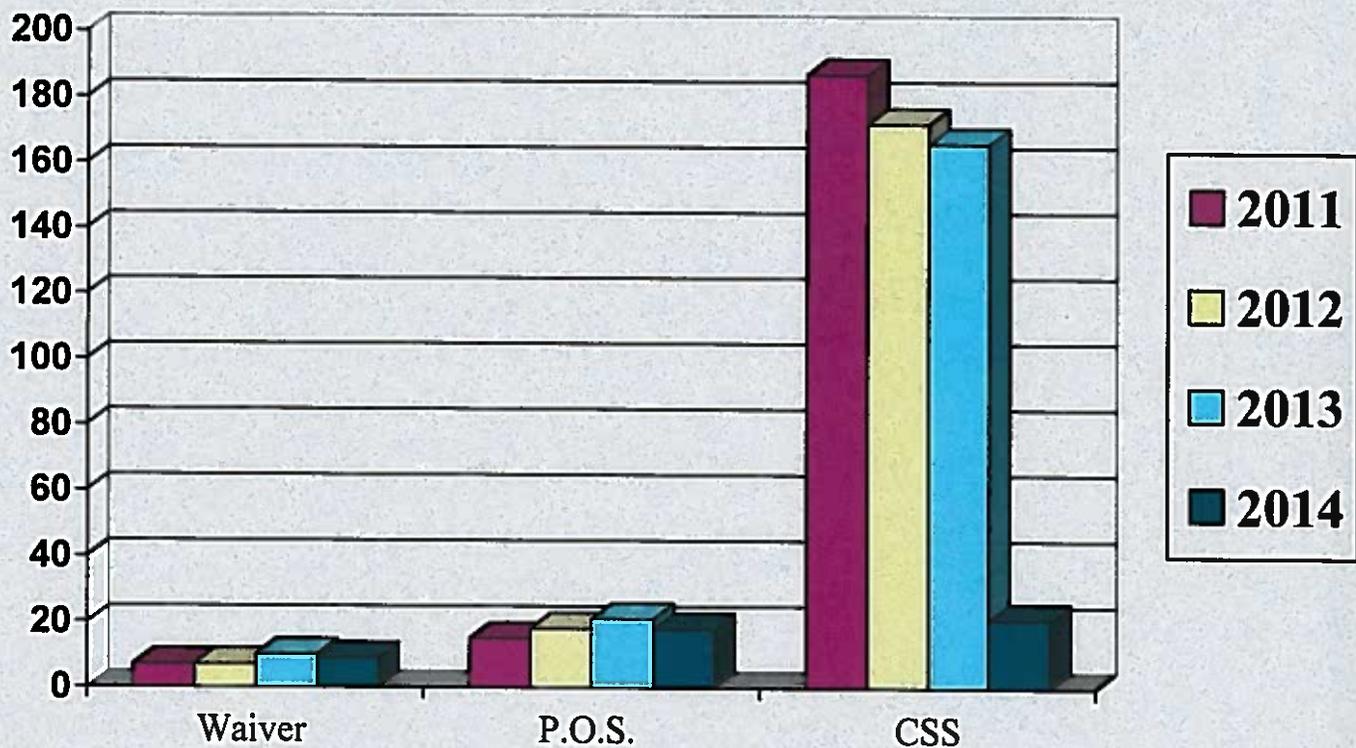
Clients Served (Unduplicated)



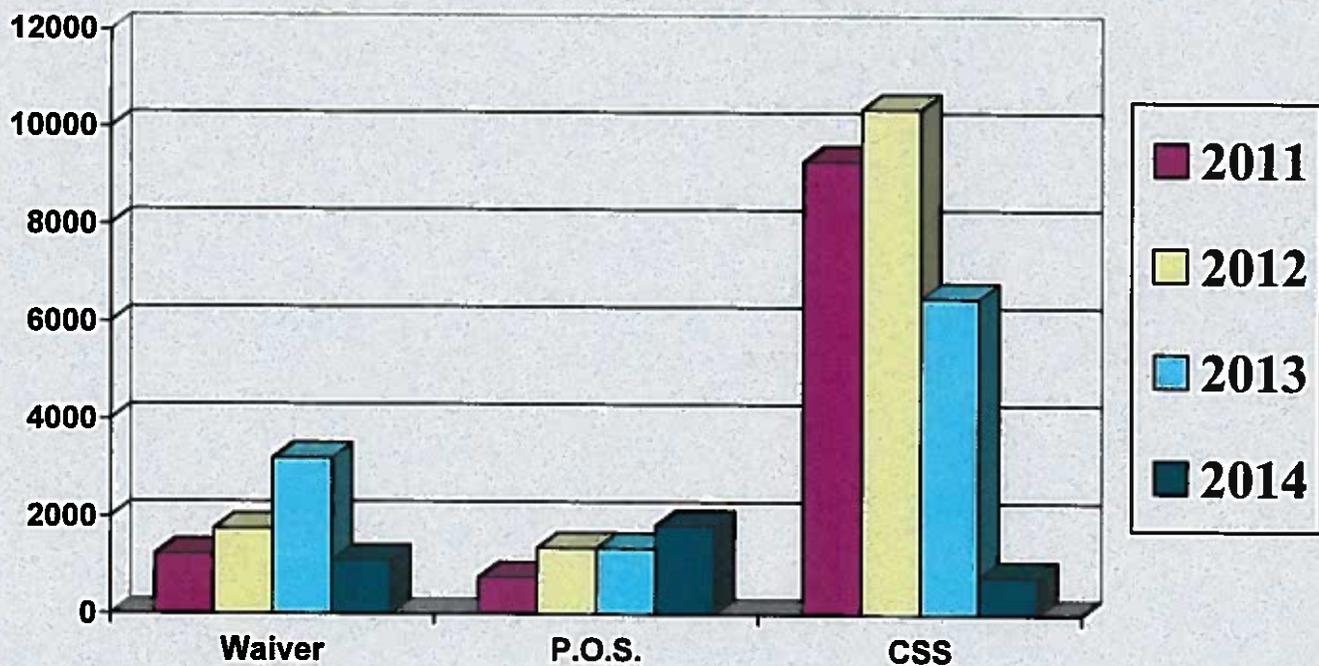
	Congregate	Meals on Wheels	Waiver
2011	25408	25134	4416
2012	26740	28869	3337
2013	27947	25670	3030
2014	23766	22114	2940

	Congregate	Meals on Wheels
2011	900	232
2012	1443	226
2013	1095	211
2014	1089	191

In-Home Client Services Clients



In-Home Clients Services Hours



Client Services (Clients)

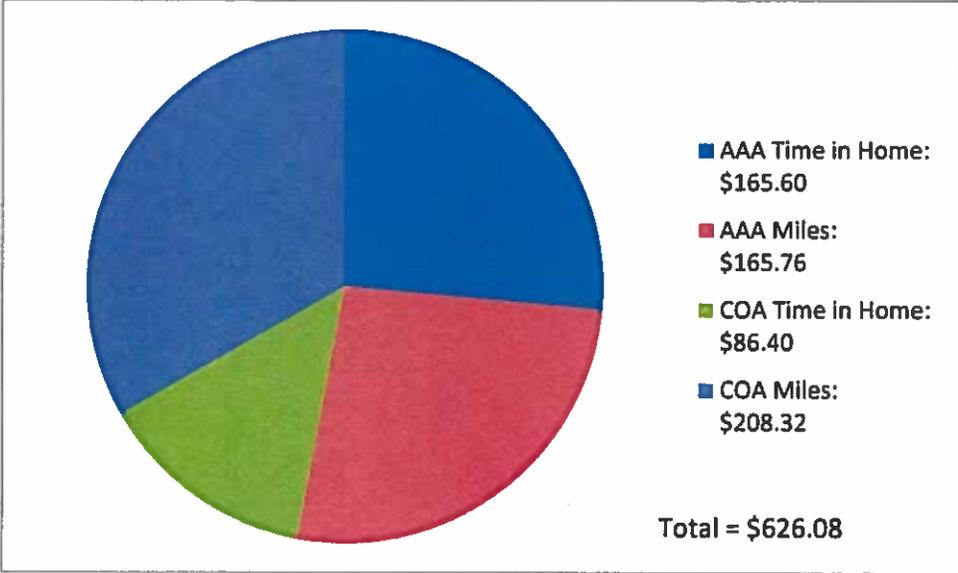
	Waiver	P.O.S.	CSS
2011	7	15	187
2012	7	18	172
2013	10	21	166
2014	9	18	21

Client Services (Hours)

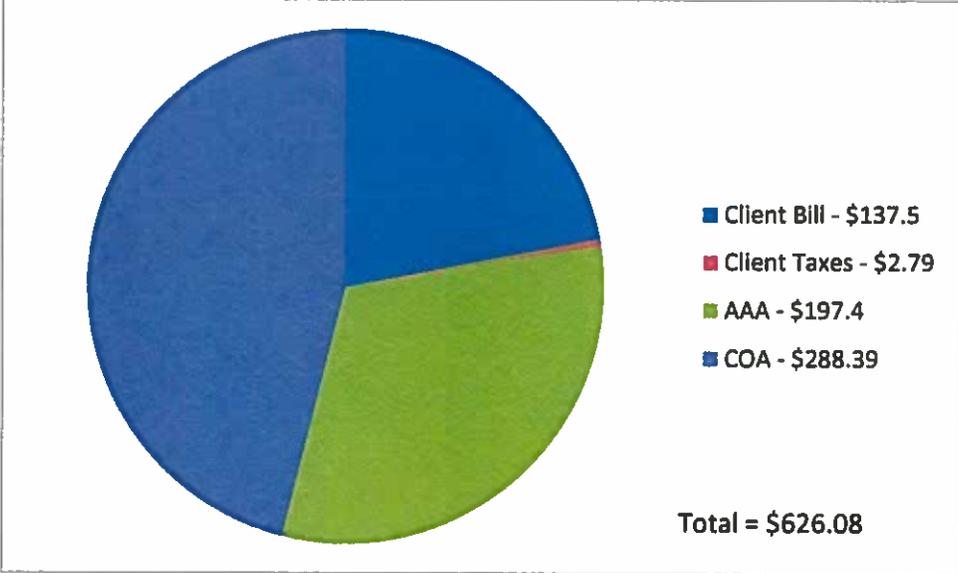
	Waiver	P.O.S.	CSS
2011	1233	757	9319
2012	1753	1365	10397
2013	3201	1354	6502
2014	1108	1830	785

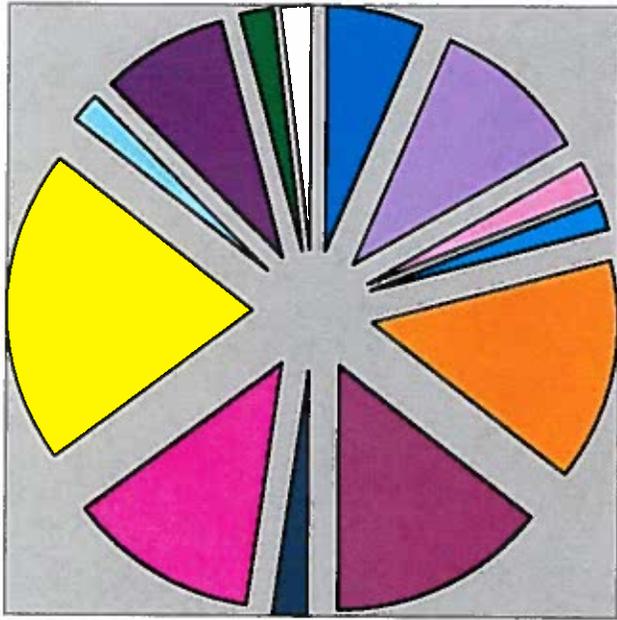
ONE CLIENT – ONE MONTH SERVICE BREAKDOWN

Actual Cost of Services For One Month



Breakdown of Monthly Payment Sources

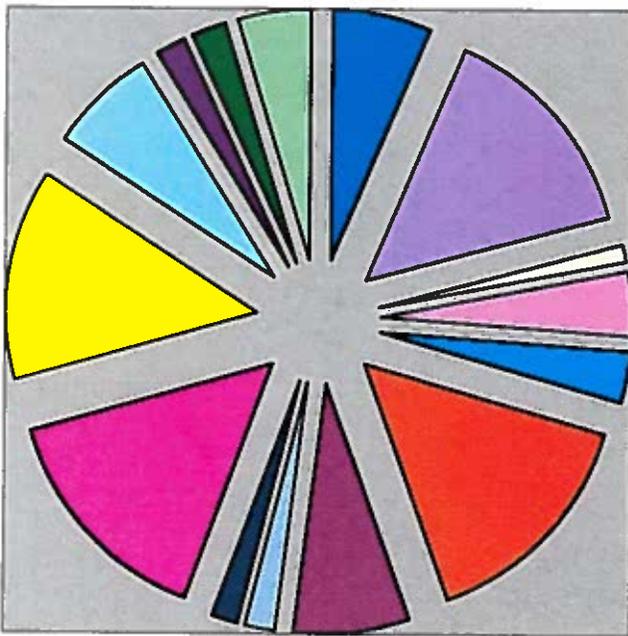




- Banks 3
- Central Lake 5
- Custer 1
- Echo 1
- Elk Rapids 7
- Forest Home 7
- Jordan 1
- Kearney 6
- Mancelona 10
- Milton 1
- Star 4
- Torch Lake 1
- Cold Springs 1

CLIENTS PROVIDED **IN-HOME SERVICES (Respite, Personal Care & Homemaker)** IN FY-2014 BY TOWNSHIP

CLIENTS PROVIDED **MEALS-ON-WHEELS** IN FY-2014 BY TOWNSHIP



- Banks 12
- Central Lake 28
- Chestonia 2
- Custer 8
- Echo 6
- Elk Rapids 29
- Forest Home 14
- Helena 4
- Jordan 3
- Kearney 29
- Mancelona 26
- Milton 13
- Star 4
- Torch Lake 4
- Warner 9

QUOTES BY MOTHER TERESA

JUST BECAUSE...

“We know only too well that what we are doing is nothing more than a drop in the ocean. But if the drop were not there, the ocean would be missing something.”

“I alone cannot change the world, but I can cast a stone across the waters to create many ripples.”

“Kind words can be short and easy to speak, but their echoes are truly endless.”

“Not all of us can do great things.
But we can do small things with great love.”

— Mother Teresa