

AREA AGENCY ON AGING

of Northwest Michigan

2015 Annual Report

for Fiscal Year October 1, 2014-September 30, 2015

A MESSAGE FROM THE EXECUTIVE DIRECTOR...

“Come gather ‘round people
Wherever you roam
And admit that the waters
Around you have grown...
For the times they are a-changin’”

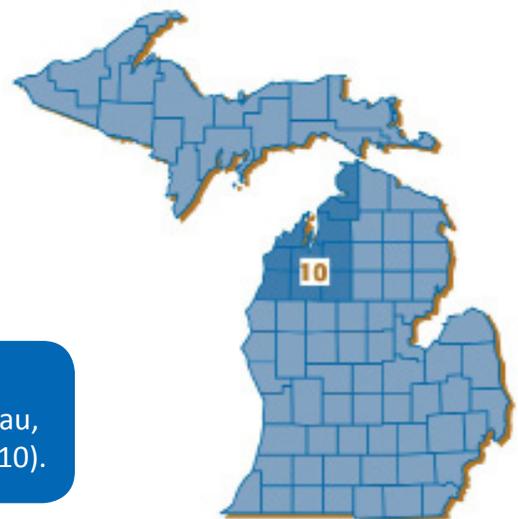
These prophetic lyrics from one of Bob Dylan’s songs have never sounded truer than they do today. “The times they are a-changin’” and the waters “have grown” in the long term care world. Currently there are over 85,000 individuals in north-west Michigan 60 years or older, and this number is increasing each year. At the same time, changing healthcare delivery models and advances in research and technology create many new “waters” to be charted. The pace of change feels overwhelming sometimes. And yet, the long term care world has never been more exciting and exhilarating. The incredibly talented staff of the Area Agency on Aging of Northwest Michigan continues to provide high-quality long term care services to area residents. We do this in concert with a large network of organizations that have a passion for their work and a willingness to partner in charting these “waters”.

As a network, a new course for long term care services will be charted over the coming years, meeting the needs of the fastest growing population segment in the region. Our focus as we collectively navigate these “waters” will always be the provision of compassionate and quality services to those who rely on us.

Sincerely,



Robert C. Schlueter
Executive Director



An Area Agency on Aging serving Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, and Wexford counties (Region 10).

AREA AGENCY ON AGING OF NORTHWEST MICHIGAN

(AAANM) is a private, non-profit corporation, designated as an Area Agency on Aging in 1974 by the Michigan Aging and Adult Services Agency (AASA), formerly Michigan Office of Services to the Aging (OSA).

As one of more than 670 area agencies on aging nationwide, AAANM is responsible for developing, managing and funding a comprehensive system of services for older adults in ten counties of northwest lower Michigan.

DIRECT SERVICES

	Units	Clients
Creating Confident Caregivers Program (hours)	483	47
Elder Abuse Prevention (hours)	100	n/a
Information & Assistance (contacts)	1,830	n/a
Long-Term Care Ombudsman (hours)	641	459
Medicare/Medicaid Assistance Program (contacts)	6,029	n/a
Personal Action Toward Health Program (hours)	1,514	148
Senior Employment Program (clients)	n/a	15
Tailored Caregiver Assessment (T-Care) (hours)	30	6
A Matter of Balance	3,270	319

CONTRACTED SERVICES

	Units	Clients
Adult Day Health (hours)	4,559	35
Adult Day Transportation (trips)	2,789	31
Kinship Caregiver Supplemental Services	102	24
Congregate Meals (meals)	157,977	5,909
Home Delivered Meals (meals)	309,480	2,152
Legal Assistance (hours)	677	239

The Mission of AAANM is to SERVE AND ADVOCATE for older persons, adults with disabilities and caregivers by supporting their INDEPENDENCE, DIGNITY and QUALITY OF LIFE.

AAANM contracts Federal Older Americans Act and State Older Michiganians Act funding to organizations serving Region 10. The following organizations received contracted funding in FY 2015:

- | | |
|--|--|
| Antrim County Commission on Aging | Kalkaska County Commission on Aging |
| Benzie County Council on Aging | Legal Services of Northern Michigan |
| Charlevoix County Commission on Aging | Northwest Michigan Community Action Agency |
| Child & Family Services of Northwestern Michigan | VitalCare Adult Day |
| Friendship Centers of Emmet County | Wexford County Council on Aging |
| Grand Traverse Pavilions Adult Day | |

CARE CONNECTIONS

Care Connections is a program that offers individuals the supports they need to remain living in the community. Support Coordinators (nurses and social workers) help individuals understand and access the care options available to them.



Care Management Services	440	people
Caregiver Respite Services	6	people
MI Choice Waiver Services	396	people
Nursing Home Transition Services	70	people
Veterans Services	8	people

PURCHASED SERVICES

	Care Management	MI Choice Waiver
Adult Day Health (hours)	1,325	2,643
Community Living Supports (hours)	n/a	261,643
Home Delivered Meals (meals)	n/a	14,570
Homemaking (hours)	13,310	n/a
Personal Care (hours)	10,224	n/a
Personal Emergency Response Systems (clients)	121	157
Private Duty Nursing/Training (hours)	1,843	2,232
Respite Care (hours)	18,676	4,915
Transportation (clients)	109	118

Care Management - Guides adults 60 years and older who have long term care needs to resources that help support care in the community.

MI Choice Waiver - Coordinates a plan that supports adults 18 years and older who are eligible to have Medicaid pay for their long term care in a community setting.

Nursing Home Transition Services - Assists Medicaid eligible adults to develop a plan for returning to community living.

To view client testimonial videos for Care Management, MI Choice Waiver, or Nursing Home Transition Services, or to view a video about Creating Confident Caregivers, Personal Action Toward Health (PATH) and Tailored Caregiver Assessment, please visit www.aaanm.org.

Area Agency on Aging of Northwest Michigan
1609 Park Drive, PO Box 5946, Traverse City, Michigan 49696-5946
231.947.8920 • 1.800.442.1713

2015 Highlights

FY 2015 Audited Financial Summary

DIABETES - PATH AND MATTER OF BALANCE

Through support of the Michigan Health Endowment Fund, AAANM was able to significantly expand its service capacity for these two evidence-based programs, resulting in 9 Diabetes PATH workshops, 23 A Matter of Balance workshops, with 275 program completers in these programs. Programs were held in all 10 counties of Region 10. In addition, AAANM trained 21 Leaders in Diabetes PATH and 16 Coaches for A Matter of Balance.

MORE PEOPLE SERVED

AAANM received additional funds for the MI Choice Waiver Program as well as increased in-home service dollars for the Care Management Program in FY 2015. This allowed us to serve more people and address waiting lists for services. MI Choice Waiver enrollment increased by 66 people and the Care Management enrollment increased by 70 people. Both of these programs support individuals who want to receive long term care services in a community setting.

AGING AND DISABILITY RESOURCE COLLABORATIVE OF NORTHWEST MICHIGAN

AAANM continues to take a leadership role in establishing a “no wrong door” system for older adults and those with disabilities who are seeking information on long term care services and supports. Taskforces and work groups have developed out of this collaboration including a taskforce on Hoarding and one focused on Vulnerable Adults. We continue to support Information and Assistance staff through trainings and the sharing of information.

TRANSITIONING THOSE IN NURSING HOMES BACK TO THE COMMUNITY

Last year AAANM assisted 47 individuals in leaving nursing homes and transitioning back to a community setting. This team effort involves our Housing Coordinator finding a suitable housing option and Supports Coordinators arranging services and supports. We are proud of this program as it allows an individual to live in a setting of their choice and it saves Medicaid dollars.

EXPENSES	Dollars
Community Services	\$1,199,309
MI Choice Waiver	\$6,436,628
Home Delivered Meals	\$876,289
Congregate Meals	\$519,418
Care Management Support	\$594,539
Administration/Support/Planning	\$270,384
Other (in house programs)	\$369,061
Senior Employment	\$74,813
Program Development	\$40,849
Total	\$10,381,353

REVENUES	Dollars
MI Choice Waiver	\$6,436,628
Local Cash	\$43,000
Federal Support	\$2,092,373
State Support	\$1,543,906
Care Management	\$72,963
Other	\$192,483
Total	\$10,381,353

AAANM receives federal and state dollars through agreements with the Michigan Department of Health and Human Services/Aging and Adult Services Agency.

AAANM also appreciates funds from each of the ten county government units, as well as contributions/memorial gifts from clients, caregivers and the general public.