FY-2015 ANNUAL REPORT TO THE COUNTY BOARD OF COMMISSIONERS

Antrim County Commission on Aging

MISSION:

To improve the quality of life and maintain the highest level of independence for those persons age 60 and over, who reside in Antrim County

MEMORANDUM

To: Antrim County Board of Commissioners

Re: Commission on Aging FY-2015 Annual Report

It has been my pleasure to lead the C.O.A. team through this past year. I believe we have made great strides in improving our communications with each other and have cultivated an enjoyable atmosphere to work in. I have put a heavy emphasis on providing superior customer service, believing that by providing great customer service, we will earn great community support.

Some of the highlights from 2015 were:

- Purchase of a new Meals on Wheels truck with help of a grant from Elk Rapids Rotary
- Volunteers provided a much-needed facelift to the interior of Nifty Thrifty
- Acquired a sponsorship from the Manna Food Project
- Alliance of Information and Referral Training for Nutrition Program Coordinator
- PATH Diabetes Workshop Training for In-Home Services Coordinator
- Held a Breast Cancer Awareness Event and raised $1,000 for an under insured co-worker who was undergoing treatment
- Return of our Homemaking Program for qualifying seniors
- Hired some fantastic employees who compliment our already great staff
- Region 10 MMAP Counselors saved Medicare recipients over $1.5 million

Our biggest challenges were:

- Nifty Thrifty operating costs—decision to end funding through senior services millage
- Loss of employees who completed education and found jobs in their field of study

We look forward to 2016 with a positive attitude and excitement as we find new ways to provide invaluable services to a changing population. I would like to thank you for your support over the past year and hope that you will be as excited as we are about the upgrade to our nutrition programs, which we will be piloting soon. Some of them are extended serving hours, daily breakfast at the Bellaire meal site, alternate meal choices and lots of new activities and community partnerships, with the coming of our full-time Activities Coordinator.

I have tried to provide you with a thorough financial picture and a snapshot of our operations in a small amount of space. I hope you find this report to be valuable and informative.

Sincerely,

Judy L. Parliament

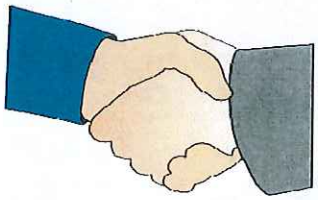
Judy L. Parliament
Director

AREAS OF FOCUS

SENIORS ARE THE MAIN FOCUS OF EVERYTHING WE DO

UNDERSTANDING SENIOR NEEDS

We strive to understand the needs of our current and prospective clients and to provide value to them in our communications, nutrition services, in-home services and community based activities.



ACCOUNTABILITY

We accept the responsibility that comes with receiving a county wide (.04) millage, designated for senior services, by expending resources with thoughtfulness, following policies and procedures and using goals and objectives which will ultimately fulfill our Mission.

BETTER COMMUNICATION

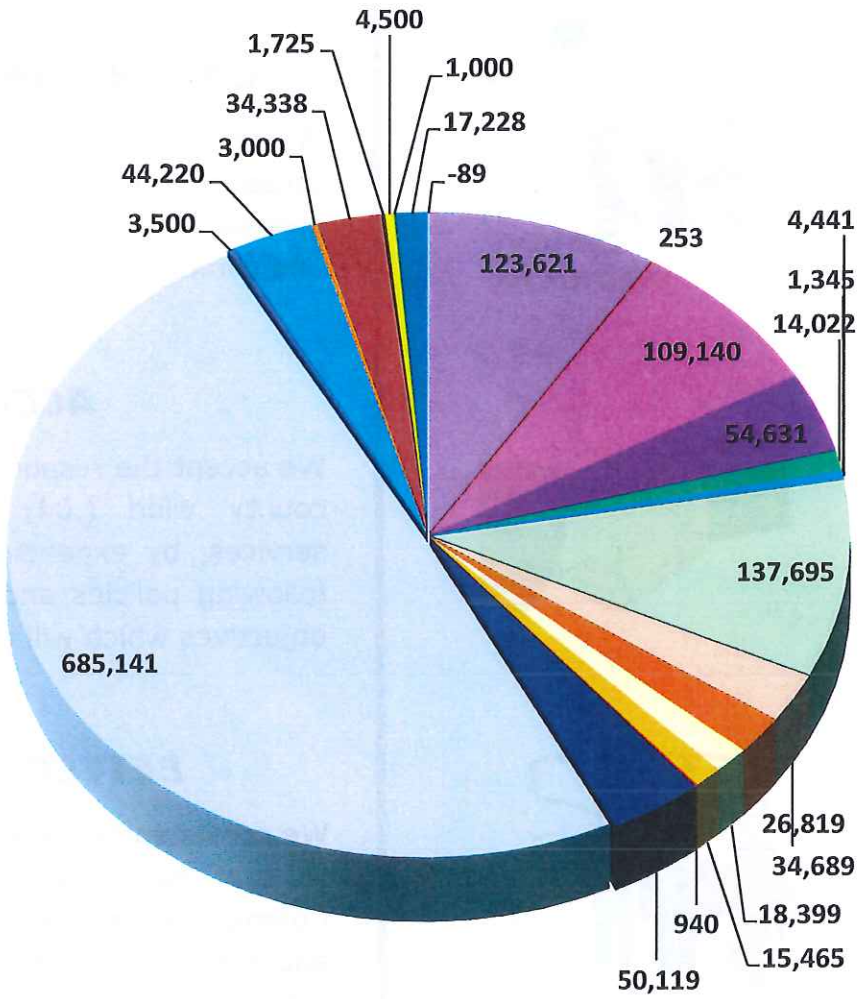
We consistently share information, ideas and knowledge so that our Seniors, Staff, COA Board of Advisors, Community Partners, County Board of Commissioners and Community can fully understand our operational activities and senior happenings.

ENRICHED TEAMWORK/PARTNERSHIPS

We promote an environment where everyone's unique gifts and talents are acknowledged and encouraged—where each of us attempts to help one another succeed through mutual trust, respect and common focus.

Revenue

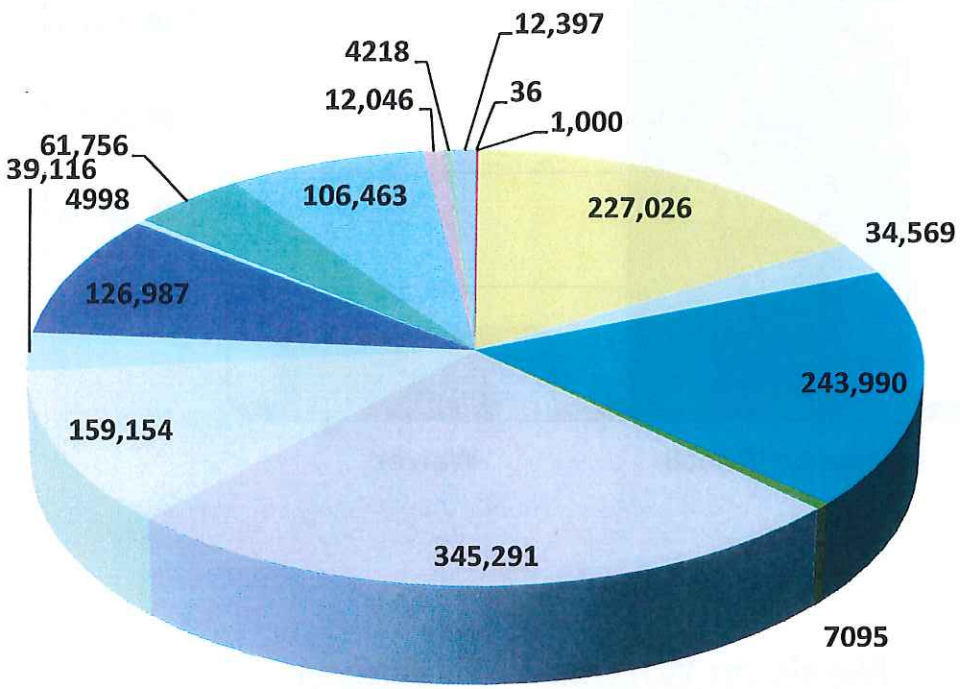
- AAA $123,621
- Activities $253
- Appropriation $109,140
- Cong. Donations $54,631
- Donations & Memorials $14,022
- FEMA $1,345
- Fundraisers $4,441
- FY - 2014 Fund Balance $137,695
- FY-2015 Truck Fund Transfer $34,689
- HDM Donations $26,819
- Homechore $18,399
- In-Home $15,465
- Interest $940
- Medicaid Waiver $50,119
- Millage $685,141
- MIPPA $3,500
- Nifty Income $44,220
- Nifty Restricted Donation $3,000
- Purchase of Service $34,338
- Rent $1,725
- Sale of Fixed Assets $4,500
- Special Fundraiser - Breast Cancer Awareness $1,000
- Transportation $17,228
- Unrealized Loss ($89)



Overview for FY – 2015

$1,386,142.00

Program Costs

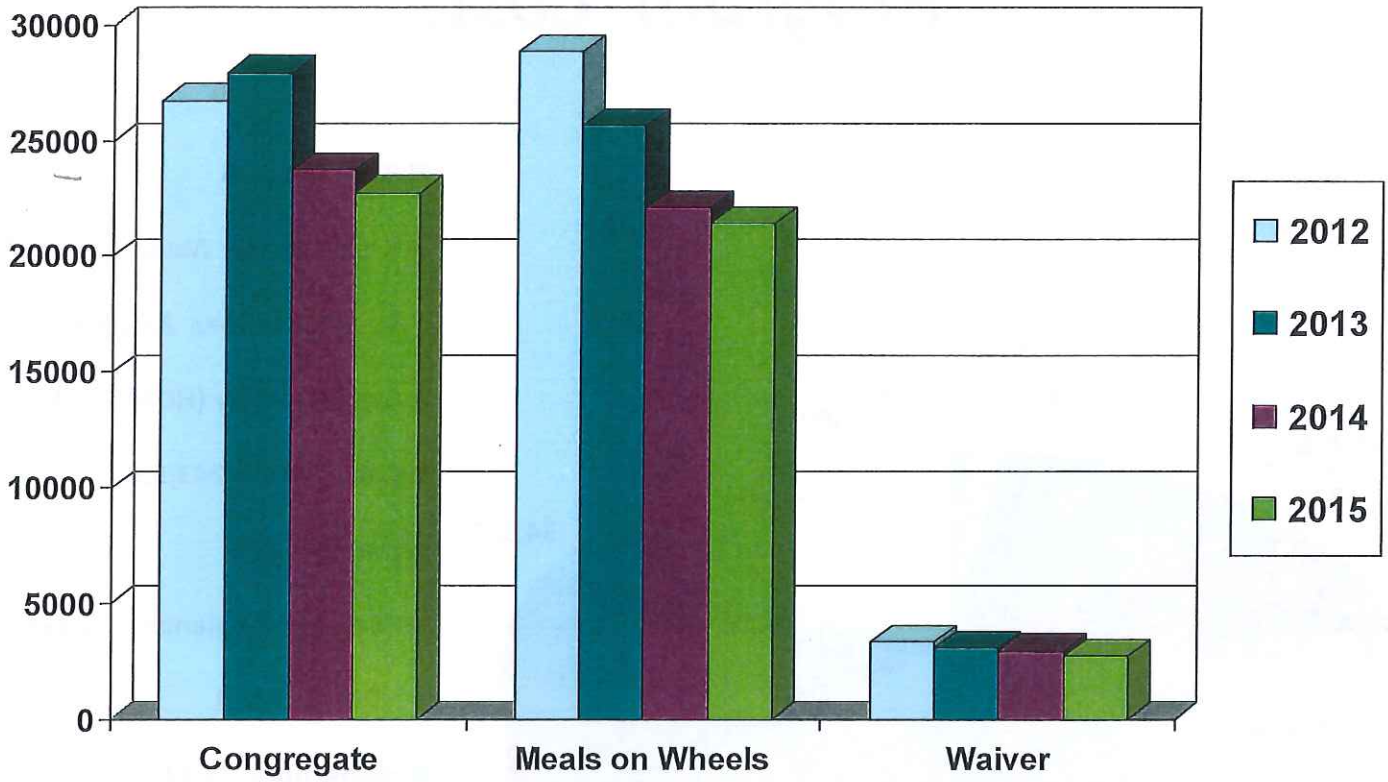


- Bank Fees 36
- Breast Cancer Awareness 1,000
- Bus. Operations 227,026
- Capital Outlay (HDM Truck) 34,569
- Cong. Meals 243,990
- Events 7,095
- FY-15 Fund Balance 345,291
- HDM 159,154
- Homechore 39,116
- In Home 126,987
- Memorials 4,998
- Nifty Thrifty 61,756
- Return to County 106,463
- RN Services 12,046
- Sr. Companion 4,218
- Transportation 12,397

Overview for FY – 2015

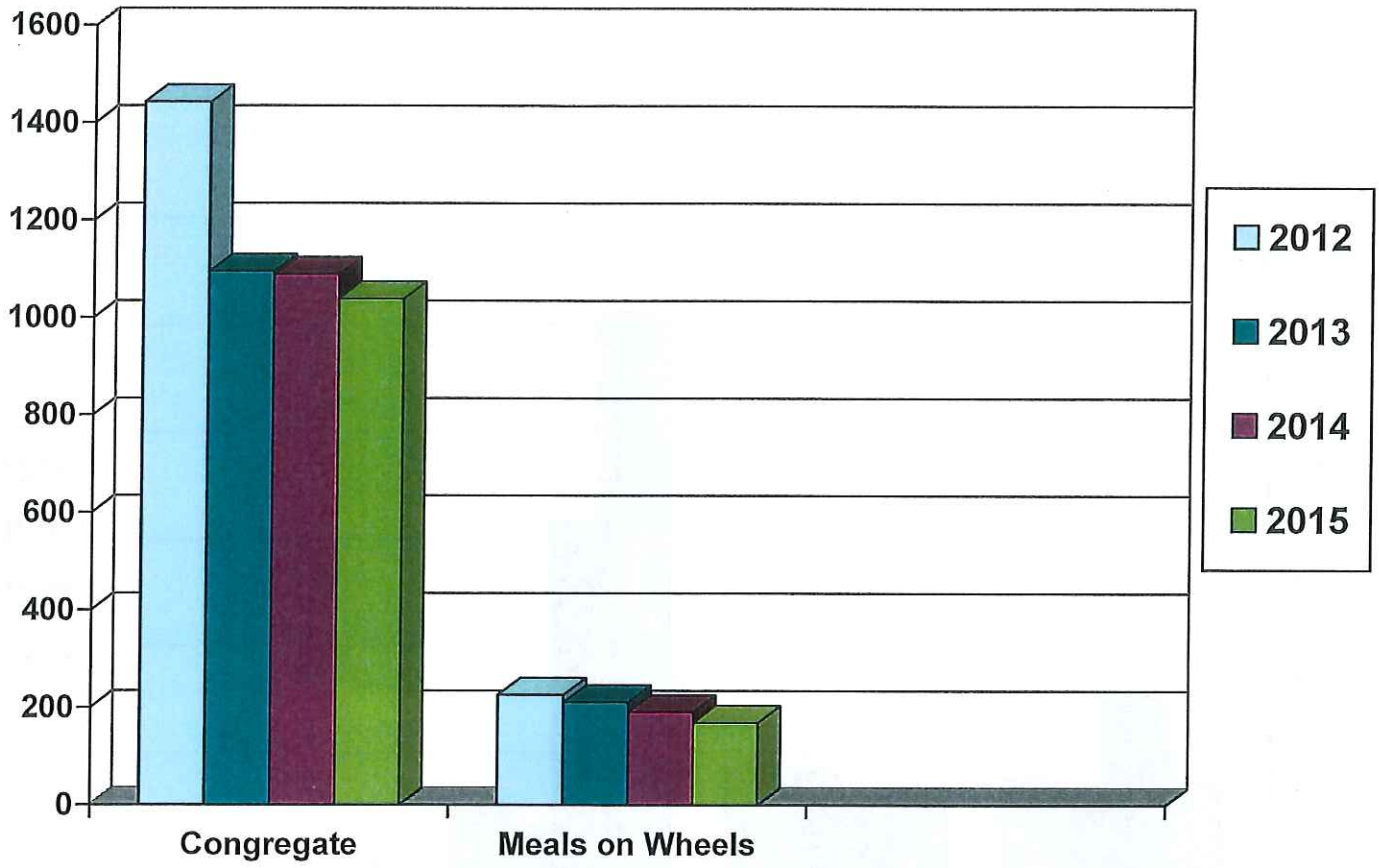
$1,386,142.00

Meals Served



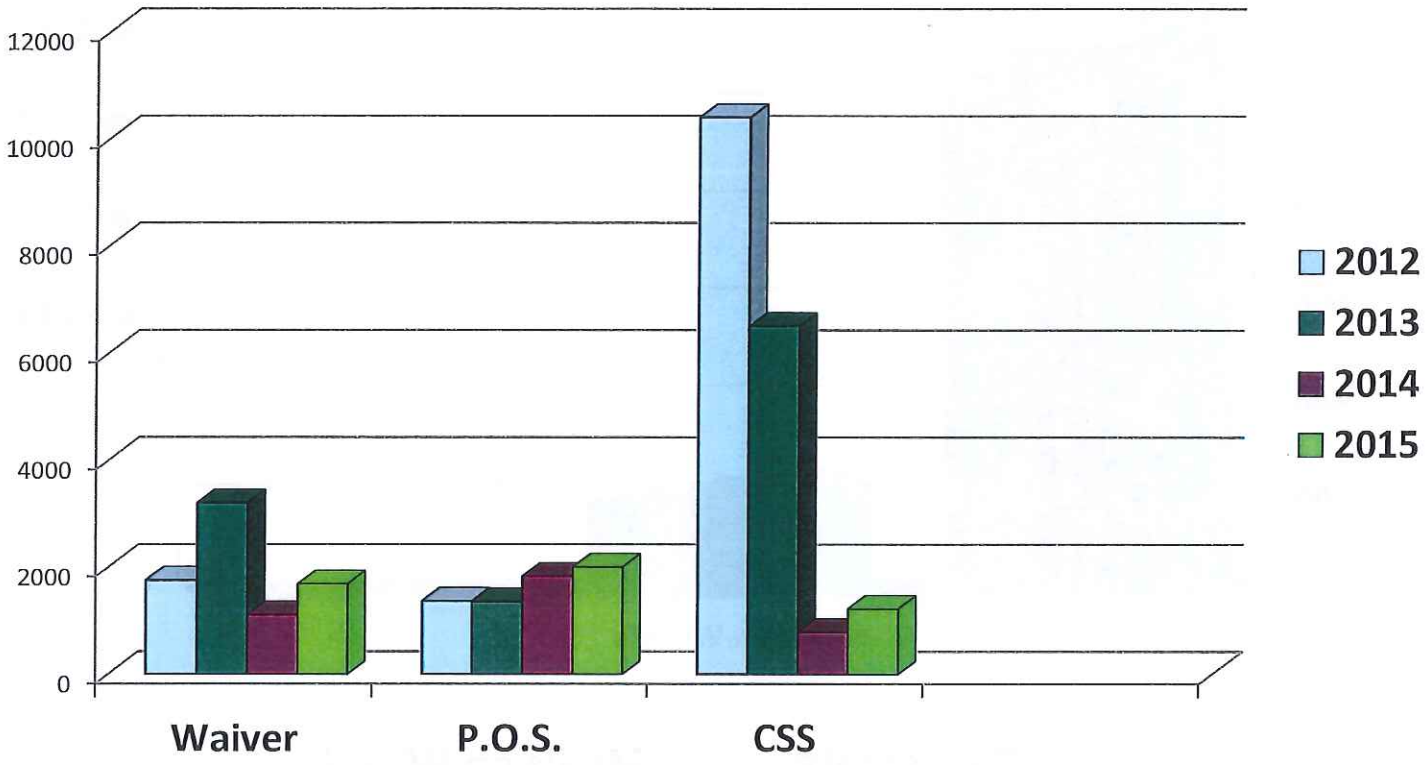
	Congregate	Meals on Wheels	Waiver
2012	26740	28869	3337
2013	27947	25670	3030
2014	23766	22114	2940
2015	22746	21418	2726

Clients Served (Unduplicated)



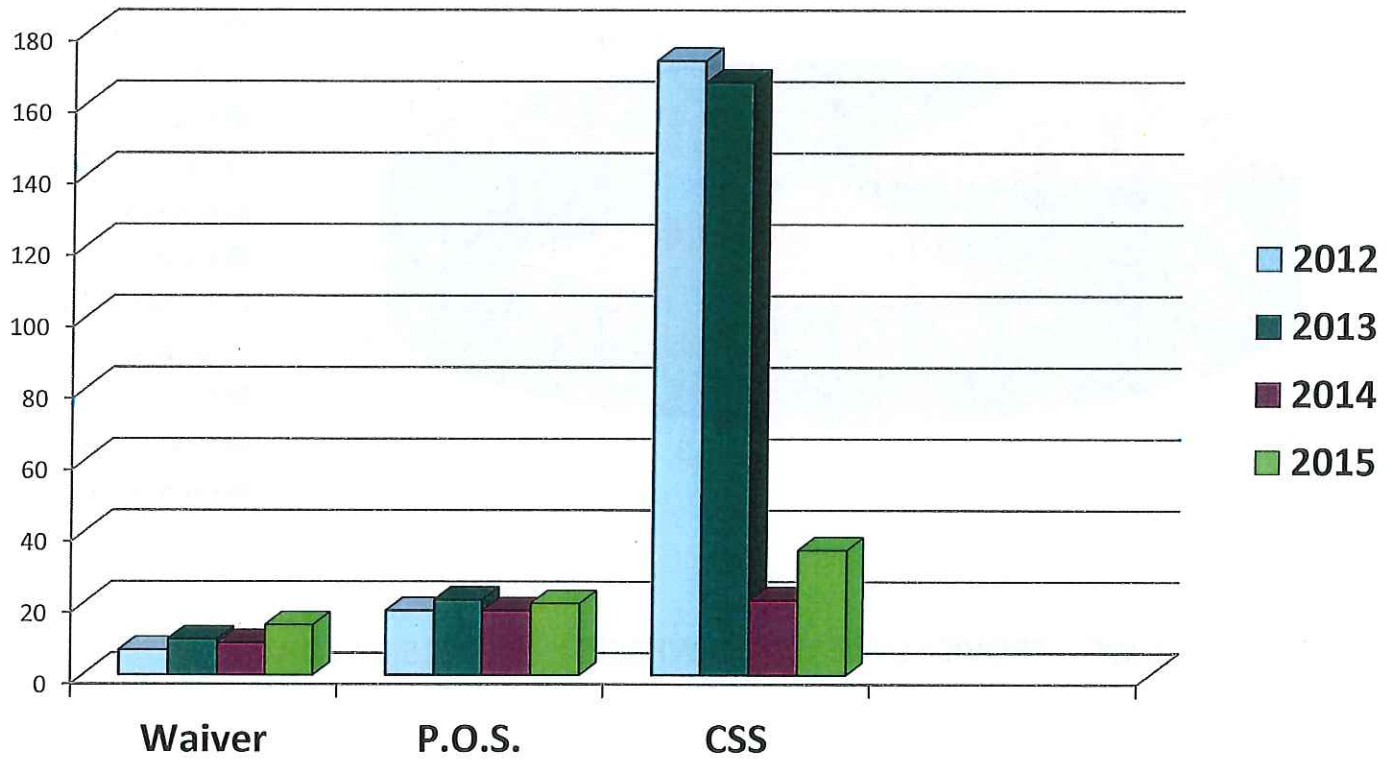
	Congregate	Meals on Wheels
2012	1443	226
2013	1095	211
2014	1089	191
2015	1039	169

In - Home Client Services (Hours)



	Waiver	P.O.S.	CSS
2012	1753	1365	10,397
2013	3201	1354	6502
2014	1108	1830	785
2015	1683	2003	1219

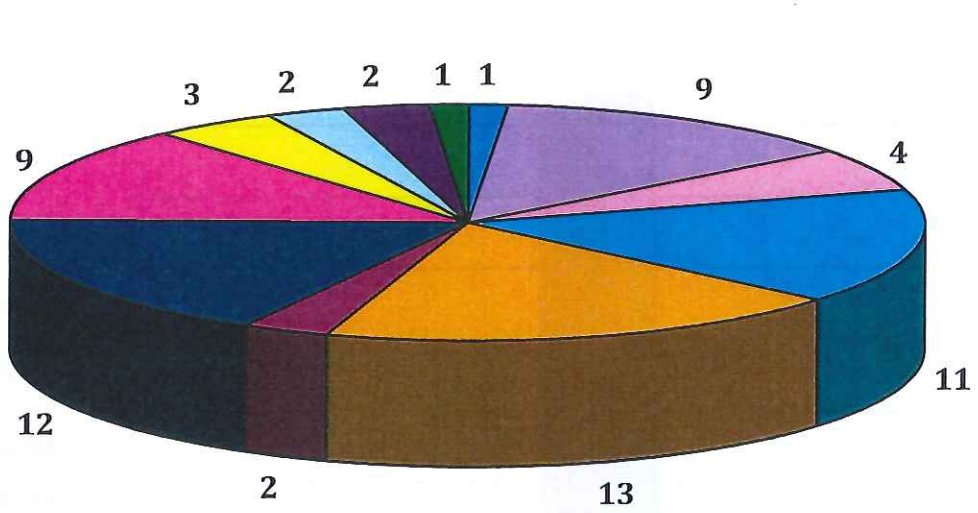
In - Home Client Services (Clients)



	Waiver	P.O.S.	CSS
2012	7	18	172
2013	10	21	166
2014	9	18	21
2015	14	20	35

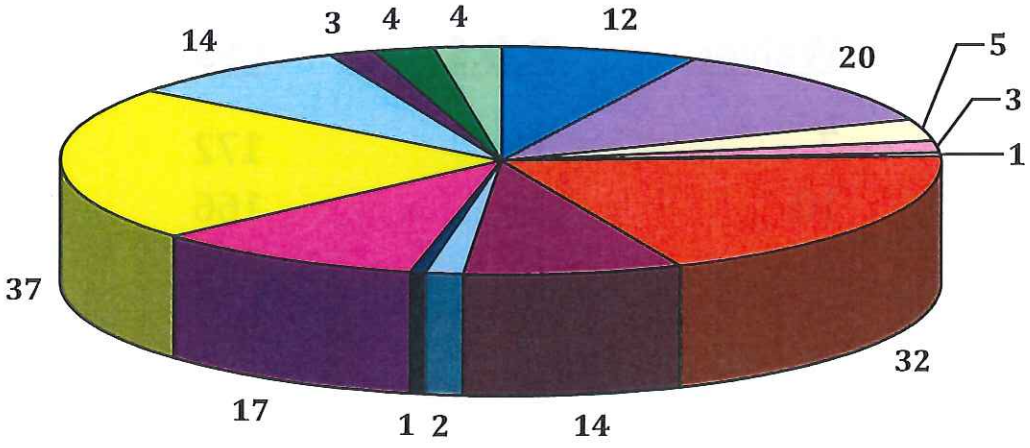
TOWNSHIPS SERVED

CLIENTS PROVIDED IN-HOME SERVICES IN FY-2015 BY TOWNSHIP



- Banks 1
- Central Lake 9
- Echo 4
- Elk Rapids 11
- Forest Home 13
- Jordan 2
- Kearney 12
- Mancelona 9
- Milton 3
- Star 2
- Torch Lake 2
- Cold Springs 1

CLIENTS PROVIDED MEALS-ON-WHEELS IN FY-2015 BY TOWNSHIP



- Banks 12
- Central Lake 20
- Chestonia 5
- Custer 3
- Echo 1
- Elk Rapids 32
- Forest Home 14
- Helena 2
- Jordan 1
- Kearney 17
- Mancelona 37
- Milton 14
- Star 3
- Torch Lake 4
- Warner 4

ANTRIM COUNTY COMMISSION ON AGING SERVES THE PEOPLE OF ANTRIM COUNTY IN THE FOLLOWING WAYS...

Information and Assistance: Call us at 231-533-8703 between 8:30 am and 4:30 pm, M – F, for information about specific services and how to access programs and agencies throughout the county and state.

Loan Closet for DME (Durable Medical Equipment): FREE and available to all individuals over the age of 55 who require items such as wheelchairs, canes, commodes, bath seats, electric scooters, hospital beds and more.

Congregate Meals: Four Nutrition sites serving hot, freshly cooked meals in Bellaire, Central Lake, Elk Rapids and Mancelona.

Home Delivered Meals: Delivered Monday through Friday, with frozen options for second daily meals or weekends, for eligible seniors who are unable to obtain or prepare nutritious meals on their own.

Dining Out @ Shirley's & BC Pizza: Purchase coupons at one of our congregate sites for $3 each and have the ability to "eat out" at one of these establishments using the coupon for payment - add a tip and enjoy your meal.

Senior Project Fresh: A program offered through the USDA which provides $20 for qualifying seniors (60+) to purchase locally grown produce from Farmer's Markets and roadside stands.

Respite Care: A CENA (Competency Evaluated Nursing Assistant) provides care for your loved one on a regularly scheduled day and time during the week - giving full time caregivers a much needed break.

Personal Care Services: A CENA provides in-home assistance with activities of daily living such as bathing, grooming, dressing, transferring, toileting, etc.

Homemaker Service (for homebound individuals): Routine household tasks to maintain a clean and healthy living environment for homebound individuals with functional limitations.

Project Lifesaver: A program designed for individuals who are in danger of wandering away from home and would be unable to find their way back. A wristband with a GPS device makes it possible for local police to locate the wearer quickly in the event that they are missing.

Homechore Program: Snow removal. **In-Home Homechore** (PROGRAM ON HOLD - Awaiting program/contract revisions): Installation of smoke detectors or safety (grab) bars and other minor repairs to remedy safety issues within the home.

Activities: Chair Exercise groups, Arts and Crafts, Bingo, Cards, Wii Sports, Mah-Jongg, Book, Movie & Magazine exchanges, Picnics, Fishing, Sr. Expo and more. See our monthly newsletter (Antrim County Senior Update) for a full calendar of events.

Monthly Foot Care Clinics: Registered nurse from the health dept. provides monthly foot care for $20 per visit.

Annual Flu Immunization Clinics: Health department brings immunizations to 3 of our 4 congregate sites annually.

Creating Confident Caregiver Classes: Helping the 24/7 caregiver to learn coping techniques as well as ways to be the best caregiver they can be to their loved ones.

PATH (Personal Action Toward Health) Workshops: Important workshops that provide information, coping skills and healthy lifestyle tips to individuals living with chronic diseases/conditions.

AARP Volunteer Tax Assistance: A free service, provided by volunteers at Elk Rapids, Mancelona & Bellaire sites.

MMAP Counselors: Trained in **Medicaid** and **Medicare** to help you apply for, compare, enroll in and understand everything that is involved with Medicare Part A, B and D (Prescription Coverage), as well as supplemental and Advantage plans.

Options Counseling: Assistance with Advance Directives, Five Wishes, Planning for Life Changes or Living Situations, etc.

Volunteer Opportunities: As a not-for-profit county agency, we utilize volunteers on a large-scale basis. Inquire at our office located at 308 E. Cayuga to find the opportunity that would best suit your talents. We can always use Meals on Wheels volunteers.

Hall Rentals: Residents of Kearney or Forest Home Townships: Sun – Thurs (afternoon or evening) $100, Fri or Sat $200. Non-Residents of Kearney or Forest Home Townships: Sun – Thurs (afternoon or evening) $150, Fri or Sat $300.

Monthly Newsletter: Antrim County Senior Update is mailed out monthly (suggested donation of $5 annually) and includes information on all of our programs, events and menus as well as information on such things as nutrition or local scams. The Update newsletter may also be accessed on our website, www.antrimcounty.org/coa.asp

Nifty Thrifty: Our local resale shop where any profits benefit senior programs. **"Recycle, Resale and Repurpose for Senior Services."**

Annual Senior Expo: A great educational opportunity for seniors and non-seniors alike. It includes lots of vendors, fun freebies, door prizes and informative guest speakers.

2015 STAFF MEMBERS AND ADVISORY BOARD

ANTRIM COUNTY COMMISSION ON AGING

IN-HOME SERVICES

CLERK II—COORDINATOR
Elizabeth Springer

CNA/CENA 's / HOMEMAKERS
Muriah Armstrong
Chrystal Bilkey
Shannon Buntjer
Stephanie Johnson
Sandra Kotalik
Michael LaBeau
Billie Tremblay
Gloria Vandergriff
Kristy Windish

INFORMATION & ASSISTANCE

CLERICAL ASSISTANTS
Doris Osaer
Shannon Buntjer

EVENTS COORDINATOR

Annette Fales

NIFTY THRIFTY -SALES CLERKS

Julie Palka
Mary Shafer

MMAP COUNSELORS –(Volunteers)

Gary Ciphers
Annette Fales

2015 VOLUNTEER HOURS

Clerical	223
HDM's	4969
Congregate	4658
Newsletter	375
Nifty Thrifty	1163
Miscellaneous	836
Comm. Service	936
Total Hours	**13,159**

NUTRITION PROGRAMS

CLERK II—COORDINATOR
Amy Hynes

FOOD SERVICE COORDINATOR
Paul Tate

ASSISTANT COOKS
Beth Lacy
Sarah Fisher / Jan Clark (Temp)

KITCHEN ASSISTANT
Roger Rainey

MEAL SITE COORDINATORS
Mike LaBeau—Bellaire
Linda Hilts—Central Lake
Maria VanConett—Elk Rapids
Linda Matson—Mancelona

STATISTICIAN (Volunteer)
Bill Griffith

C.O.A. BOARD OF ADVISORS

Rick Teague, Chairman
Beverly McCamman, Vice-Chair
Jeanette Hayes, Secretary
Sally Hannert, Trustee
Laura Stanek, BOC Liaison

DIRECTOR

Judy Parliament
coa@antrimcounty.org

308 E. Cayuga
P.O. Box 614
Bellaire, MI 49615